

JULY 2026 | 3ABN TV SCHEDULE

PT -2 hours • MT -1 hour • ET +1 hour **Red titles are changes effective this month.**

CC = CLOSED CAPTIONED 🔄 = LIVE PROGRAM ★ = NEW SERIES 🔁 = REPEAT OF LIVE PROGRAM

SUNDAY CENTRAL TIME	
2:00a	It's Coming CC 1hr
3:00	Featured Ministries CC
3:30	A Wolf in Sheep's Clothing CC
4:00	Truth for Life CC 1hr
5:00	Spotless CC 1hr
6:00	Body & Spirit Aerobics CC
6:30	Amazing Facts with Doug Batchelor CC
7:00	Ready, Set, X-plore / Critters & Creation
7:30	Bible Treasures/Fit Club
8:00	3ABN Today CC 1hr
9:00	Your Favorites By Request CC
9:30	Adventures in Missions CC
10:00	3ABN Sabbath School Panel CC 1hr
11:00	3ABN Worship Hour CC 1hr
12:00p	The Incredible Journey CC
12:30	Child Impact Int./Pause to Pray CC
1:00	More Than Conquerors ★ CC
1:30	Watered by the Word ★ CC
2:00	Body & Spirit CC
2:30	Final Days CC
3:00	3ABN Today LIVE 🔁 2hrs
5:00	The Carter Report CC 1hr
6:00	Salvation in Symbols and Signs CC
6:30	Child Impact Int./Mission Revival CC
7:00	3ABN Sabbath School Panel CC 1hr
8:00	3ABN Today CC 1hr
9:00	Amazing Facts with Doug Batchelor CC
9:30	Jesus For Asia Now CC
10:00	Strategies for Strongholds CC
10:30	Lineage CC
11:00	3ABN Today CC 1hr
12:00a	Imperative Life Lessons CC
12:30	Kids Praise
1:00	Celebrating Life in Recovery CC 1hr

MONDAY CENTRAL TIME	
2:00a	Revelation of Hope CC 1hr
3:00	3ABN Homecoming CC 1hr
4:00	Table Talk CC 1hr
5:00	Adventist World Radio CC
5:30	Cook:30 CC
6:00	Body & Spirit CC
6:30	Miracles in Motion/ Unshackled Purpose CC
7:00	Tiny Tots for Jesus CC
7:30	Jesus My Light / Creation Crafts CC
8:00	3ABN Today Bible Q & A CC 1hr
9:00	Digging Deeper CC
9:30	ASAP Ministries CC
10:00	Prophecy Unsealed CC 1hr
11:00	3ABN Sabbath School Panel CC 1hr
12:00p	Behold the Lamb Presents CC 1hr
1:00	Ultimate Prescription CC
1:30	Abundant Living CC
2:00	Action 4 Life (Casio Jones) CC
2:30	A Wolf in Sheep's Clothing CC
3:00	3ABN Today Bible Q & A CC 1hr
4:00	Kids Camp Kitchen Fun CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	Sanctuary, Salvation, & Our Savior CC
5:30	IW Sabbath School CC
6:00	Truth for Life CC 1hr
7:00	Unlocking Bible Prophecy CC 1hr
8:00	3ABN Today Bible Q & A CC 1hr
9:00	Summer Camp Meeting CC 1hr
10:00	The Carter Report CC 1hr
11:00	3ABN Today Bible Q & A CC 1hr
12:00a	The Carter Report CC 1hr
1:00	Mark Finley Presents CC 1hr



well
news

Inspiring health and nutrition conversations, expert interviews, and practical tips you can use! **TUE 5:00 PM, THU 10:00 AM Central**

TUESDAY CENTRAL TIME	
2:00a	Optimize 4 Life CC
2:30	The Incredible Journey CC
3:00	Wellness by Design/Life Rx CC
3:30	Final Days CC
4:00	Piano Praise CC 1hr
4:30	Adventures in Missions
5:00	Salvation in Symbols & Signs - Revelation CC
5:30	3ABN Music Highlights/Miracles in Motion CC
6:00	Body & Spirit Aerobics CC
6:30	The Heavens Declare CC
7:00	Tiny Tots for Jesus CC
7:30	Kids Praise CC
8:00	3ABN Today LIVE 🔁 2hrs
10:00	It's Coming CC 1hr
11:00	Featured Ministries CC
11:30	Multitude of Counselors CC
12:00p	Mark Finley Presents CC 1hr
1:00	The Incomparable Jesus CC
1:30	Cook:30 CC
2:00	Body & Spirit CC
2:30	Mission Revival/Journeys CC
3:00	3ABN Today CC 1hr
4:00	Bible Gems / Bible Buzz CC
4:30	Kids X-Press / Ready, Set, X-plore CC
5:00	WELL News / Impact Hope CC
5:30	Retro Ministries Presents CC
6:00	Mission 360 CC
6:30	The Ultimate Encounter CC
7:00	Maranatha Mission Stories CC
7:30	Something Better CC
8:00	3ABN Today CC 1hr
9:00	Behold the Lamb Presents CC 1hr
10:00	Amazing Facts with Doug Batchelor CC
10:30	Digital Disconnect CC
11:00	3ABN Today CC 1hr
12:00a	Featured Ministries CC
12:30	Jesus For Asia Now CC
1:00	Pause to Pray/Journeys CC
1:30	The Creator Revealed CC

WEDNESDAY CENTRAL TIME	
2:00a	Kenneth Cox Ministries CC 1hr
3:00	Made For Health CC
3:30	Mission Revival / Recipes from Russia
4:00	Summer Camp Meeting CC 1hr
5:00	When We Talk CC
5:30	Enjoy Healthy Eating CC
6:00	Body & Spirit CC
6:30	It Is Written CC
7:00	Amazing Facts with Doug Batchelor CC
7:30	It Is Written Canada CC
8:00	3ABN Today Cooking CC 1hr
9:00	Shelley Quinn Presents CC
9:30	Thunder in the Holy Land CC
10:00	3ABN Australia Homecoming CC 1hr
11:00	The Carter Report CC 1hr
12:00p	Celebrating Life in Recovery CC 1hr
1:00	Lineage CC
1:30	Abundant Living CC
2:00	Action 4 Life CC
2:30	Perfecting Me CC
3:00	3ABN Today Cooking CC 1hr
4:00	Sing Along / Bible Treasures CC
4:30	Critters & Creation / Fit Club CC
5:00	Generation. Youth. Christ. CC 1hr
6:00	Ultimate Prescription CC
6:30	Salvation in Symbols & Signs - Revelation CC
7:00	Made For Health 1hr
7:30	A Wolf in Sheep's Clothing CC
8:00	3ABN Today Cooking CC 1hr
9:00	It Is Written CC
9:30	Wellness by Design/Life Rx CC
10:00	Love Me CC 1hr
11:00	3ABN Today Cooking CC 1hr
12:00a	Unlocking Bible Prophecy 🔁 1hr
1:00	Digital Disconnect CC
1:30	Raw Questions Relevant Answers/Intimate Clarity CC



We lift up Jesus and He draws all people to Himself. He promised! (John 12:32). Scan the QR code with your smartphone to help someone find their way to their Savior.



New Programs BEGINNING SATURDAY, JULY 4!

THURSDAY CENTRAL TIME

2:00a	Laymen Ministries CC
2:30	Maranatha Mission Stories CC
3:00	House Calls CC 1hr
4:00	The Carter Report CC 1hr
5:00	More Than Conquerors ★ CC
5:30	Watered by the Word ★ CC
6:00	Body & Spirit Aerobics CC
6:30	Jesus for Asia Now CC
7:00	Kids Camp Kitchen Fun CC
7:30	Tiny Tots Kitchen /Tiny Tots Worship CC
8:00	3ABN Today CC 1hr
9:00	ASI Conventions CC 1hr
10:00	WELL News / Unshackled Purpose CC
10:30	From Sickness to Health CC
11:00	God's Last Message to the World CC 1hr
12:00p	Spotless CC 1hr
1:00	Adventist World Aviation CC
1:30	Amazing Facts with Doug Batchelor CC
2:00	Body & Spirit CC
2:30	Country Wisdom CC
3:00	3ABN Today CC 1hr
4:00	Creation Crafts / Creation Is! Science CC
4:30	The Creation Case CC
5:00	Sabbath School Panel CC 1hr
6:00	The Carter Report CC 1hr
7:00	Bible Answers Live CC 1hr
8:00	3ABN Today LIVE ⚡ 2hrs
10:00	Kenneth Cox Ministries CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Bible Answers Live CC 1hr
1:00	3ABN Today LIVE ⚡ 2hrs

FRIDAY CENTRAL TIME

3:00	Strategies for Strongholds CC
3:30	Live to Be Well
4:00	Digging Deeper CC
4:30	Action 4 Life CC
5:00	Retro Ministries Presents CC
5:30	Ultimate Prescription
6:00	Body & Spirit CC
6:30	Contending for the Faith CC
7:00	Amazing Adventures CC 1hr
8:00	3ABN Today CC 1hr
9:00	Optimize 4 Life CC 1hr
9:30	Authentic
10:00	Enjoy Healthy Eating CC
10:30	Wellness by Design/Life Rx CC
11:00	Made For Health CC
11:30	Unshackled Purpose/Recipes from Russia
12:00p	3ABN Today Family Worship CC 1hr
1:00	Behold the Lamb Presents CC 1hr
2:00	Raw Questions Relevant Answers/Journeys CC
2:30	Sanctuary, Salvation, & Our Savior CC
3:00	3ABN Today CC 1hr
4:00	A Day With the King CC
4:30	Sing Along/Critters & Creation CC
5:00	3ABN Music Highlights CC
5:30	Jesus For Asia Now CC
6:00	3ABN Homecoming CC 1hr
7:00	3ABN Sabbath School Panel CC 1hr
8:00	3ABN Presents CC 1hr
9:00	Child Impact Int./Miracles in Motion CC
9:30	It Is Written CC
10:00	Maranatha Mission Stories CC
10:30	Mission 360 CC
11:00	3ABN Today CC 1hr
12:00a	ASI Conventions CC 1hr
1:00	Breath of Life CC
1:30	Eternal Truths Matter CC

SATURDAY CENTRAL TIME

2:00a	Praise! CC
2:30	It Is Written CC
3:00	Daniel All Access CC 1hr
4:00	Revelation Now CC 1hr
5:00	Revelation Insights CC 1hr
6:00	Amazing Facts with Doug Batchelor CC
6:30	Sing Along/Bible Gems CC
7:00	Kids X-Press/Bible Treasures CC
7:30	IIW Sabbath School CC
8:00	3ABN Today CC 1hr
9:00	3ABN Sabbath School Panel CC 1hr
10:00	3ABN Worship Hour CC 1hr
11:00	Pioneer Media CC 1hr
12:00p	3ABN Today Bible Q&A CC 1hr
1:00	Summer Camp Meeting CC 1hr
2:00	Something Better ★ CC
2:30	Adventist World Radio
3:00	3ABN Today CC 1hr
4:00	Maranatha Mission Stories CC
4:30	Featured Ministries CC
5:00	Breath of Life CC
5:30	Laymen Ministries CC
6:00	More Than Conquerors ★ CC
6:30	Watered by the Word ★ CC
7:00	Secrets Unsealed Presents CC 1hr
8:00	3ABN Today CC 1hr
9:00	Imperative Life Lessons CC
9:30	HeartLift CC
10:00	Mark Finley Presents CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Discover CC 1hr
1:00	Secrets Unsealed Presents CC 1hr



More Than Conquerors
Greg Morikone hosts Dr. David Shin as he shares spiritual wisdom, practical step-by-step strategies, and scientifically supported tools that will break addictive cycles and harmful patterns.



Watered by the Word
Jill Morikone brings a practical and devotional approach to this series for women as she focuses on our Great Shepherd in the 23rd Psalm. Find out how to rely on Him for peace in difficult moments, guidance in uncertainty, and how to feel His transforming, steady presence in your life.

*All times Central. Check schedule for other airtimes.