

# SEPTEMBER 2020 | 3ABN TV SCHEDULE

PDT -2 hours • MDT -1 hour • EDT +1 hour **Red titles are changes effective this month.**  
**CC** = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↺** = REPEAT OF LIVE PROGRAM

CDT	SUNDAY
2:00a	Pillars of Faith <b>CC</b> 1hr
3:00	Featured Ministries <b>CC</b>
3:30	From Sickness to Health <b>CC</b>
4:00	House Calls <b>CC</b> 1hr
5:00	The Incomparable Jesus <b>CC</b>
5:30	Evolution Impossible <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Amazing Facts with Doug Batchelor <b>CC</b>
7:00	Amazing Adventures <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Your Favorites By Request <b>CC</b>
9:30	Adventures in Missions <b>CC</b>
10:00	3ABN Sabbath School Panel <b>CC</b> 1hr
11:00	3ABN Worship Hour <b>CC</b> 1hr
12:00p	Secrets to Wellness <b>CC</b>
12:30	Piano Praise <b>CC</b>
1:00	Revelation's Ancient Discoveries <b>↺</b> 1hr
2:00	Body & Spirit <b>CC</b>
2:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
3:00	3ABN Today LIVE <b>↺</b> 2hrs
5:00	The Carter Report <b>CC</b> 1hr
6:00	<b>Voice of Prophecy</b> <b>CC</b>
6:30	Salvation in Symbols & Signs - Daniel <b>CC</b>
7:00	3ABN Sabbath School Panel <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Focus on God's Word <b>CC</b> 1hr
10:00	Featured Ministries <b>CC</b>
10:30	Lineage <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Secrets Unsealed Presents <b>CC</b> 1hr
1:00	Celebrating Life in Recovery <b>CC</b> 1hr

CDT	MONDAY
2:00a	Revelation of Hope <b>CC</b> 1hr
3:00	3ABN Homecoming <b>CC</b> 1hr
4:00	Table Talk <b>CC</b> 1hr
5:00	His Words Are Life/Grandma's House <b>CC</b>
5:30	Cook:30 <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	Pressing in to His Presence <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Bible Gems / Creation Crafts <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	House Calls <b>CC</b> 1hr
10:00	Free Indeed <b>CC</b>
10:30	Books of the Book <b>CC</b>
11:00	3ABN Sabbath School Panel <b>CC</b> 1hr
12:00p	Behold the Lamb Presents <b>CC</b> 1hr
1:00	Off the Grid <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life (Casio Jones) <b>CC</b>
2:30	Heaven's Point of View <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Kids Camp Kitchen Fun <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	Liberty Insider <b>CC</b>
5:30	Your Favorites by Request <b>CC</b>
6:00	Canvassback Impact <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Spring Camp Meeting <b>CC</b> 1hr
10:00	The Carter Report <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	The Carter Report <b>CC</b> 1hr
1:00	ASI Conventions <b>CC</b> 1hr

There are 275 million people who speak French.  
They need to hear about Jesus, too!

Tell them about **3ABNFRANCAIS.TV**



CDT	TUESDAY
2:00a	Optimize 4 Life <b>CC</b>
2:30	Mission TREK <b>CC</b>
3:00	Melody From My Heart <b>CC</b>
3:30	Sanctuary, Salvation, & Our Savior <b>CC</b>
4:00	New Perceptions <b>CC</b> 1hr
5:00	Salvation in Symbols & Signs - Revelation <b>CC</b>
5:30	Wonderfully Made <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	The Heavens Declare <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Maranatha Mission Stories <b>CC</b>
8:00	3ABN Today LIVE <b>↺</b> 2hrs
10:00	Pressing in to His Presence <b>CC</b>
10:30	Thunder in the Holy Land <b>CC</b>
11:00	Featured Ministries <b>CC</b>
11:30	Books of the Book <b>CC</b>
12:00p	Revelation's Ancient Discoveries <b>CC</b> 1hr
1:00	Your Favorites by Request <b>CC</b>
1:30	Cook:30 <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	HeartLift <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Bible Gems / Bible Buzz <b>CC</b>
4:30	The Creation Case <b>CC</b>
5:00	From Sickness to Health <b>CC</b>
5:30	Multitude of Counselors <b>CC</b>
6:00	Mission 360 <b>CC</b>
6:30	The Incomparable Jesus <b>CC</b>
7:00	Secrets Unsealed Presents <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Behold the Lamb Presents <b>CC</b> 1hr
10:00	Amazing Facts with Doug Batchelor <b>CC</b>
10:30	The Creator Revealed <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Raw Questions/Intimate Clarity <b>CC</b>
12:30	Exalting His Word <b>CC</b>
1:00	Adventures in Missions <b>CC</b>
1:30	The Creator Revealed <b>CC</b>

CDT	WEDNESDAY
2:00a	Kenneth Cox Ministries <b>CC</b> 1hr
3:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b>
4:00	Spring Camp Meeting <b>CC</b> 1hr
5:00	Praise <b>CC</b>
5:30	Adventist World Radio <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	It Is Written <b>CC</b>
7:00	Amazing Facts with Doug Batchelor <b>CC</b>
7:30	It Is Written Canada <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Grace Pipeline <b>CC</b>
9:30	The Incomparable Jesus <b>CC</b>
10:00	3ABN Australia Homecoming <b>CC</b> 1hr
11:00	The Carter Report <b>CC</b> 1hr
12:00p	Celebrating Life in Recovery <b>CC</b> 1hr
1:00	Issues and Answers <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life <b>CC</b>
2:30	Perfecting Me <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Sing Along / Bible Treasures <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	3ABN Sabbath School Panel <b>CC</b> 1hr
6:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	A Sharper Focus <b>L</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Amazing Facts with Doug Batchelor <b>CC</b>
9:30	Evolution Impossible <b>CC</b>
10:00	It Is Written <b>CC</b>
10:30	Liberty Insider <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	A Sharper Focus <b>↺</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Life After Choice/Divine Design <b>CC</b>

A healthy diet shouldn't be complicated, so we focus on making food that is as close as possible to the way our Creator made it.

3ABN cooking programs bring you great tasting food that helps you feel great and brightens your day.

CDT THURSDAY	
2:00a	Laymen Ministries <b>CC</b>
2:30	Maranatha Mission Stories <b>CC</b>
3:00	Spring Camp Meeting <b>CC</b> 1hr
4:00	The Carter Report <b>CC</b> 1hr
5:00	Discover <b>CC</b> 1hr
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Jesus for Asia Now <b>CC</b>
7:00	Kids Camp Kitchen Fun <b>CC</b>
7:30	Tiny Tots Kitchen /Tiny Tots Worship <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	ASI Conventions <b>CC</b> 1hr
10:00	From Sickness to Health <b>CC</b>
10:30	Mission TREK <b>CC</b>
11:00	Revelation of Hope <b>CC</b> 1hr
12:00p	Ultimate Prescription <b>CC</b>
12:30	Multitude of Counselors <b>CC</b>
1:00	The Heavens Declare <b>CC</b>
1:30	Amazing Facts with Doug Batchelor <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	Contending for the Faith <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Creation Crafts / Bible Buzz <b>CC</b>
4:30	The Creation Case <b>CC</b>
5:00	3ABN Homecoming <b>CC</b> 1hr
6:00	The Carter Report <b>CC</b> 1hr
7:00	Sabbath School Study Hour <b>CC</b> 1hr
8:00	3ABN Today LIVE ⚡ 2hrs
10:00	Kenneth Cox Ministries <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Table Talk <b>CC</b> 1hr
1:00	3ABN Today LIVE ⚡ 2hrs

CDT FRIDAY	
3:00	Action 4 Life <b>CC</b>
3:30	Heavens Point of View
4:00	Liberty Insider <b>CC</b>
4:30	Battles of Faith <b>CC</b>
5:00	Sabbath School Study Hour <b>CC</b> 1hr
6:00	Body & Spirit <b>CC</b>
6:30	Contending for the Faith <b>CC</b>
7:00	Amazing Adventures <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Optimize 4 Life <b>CC</b> 1hr
9:30	Cook:30
10:00	Health for a Lifetime <b>CC</b>
10:30	Life After Choice/Divine Design <b>CC</b>
11:00	Thompsonville Worship Hour <b>CC</b> 1hr
12:00p	Daniel All Access <b>CC</b> 1hr
1:00	Behold the Lamb Presents <b>CC</b> 1hr
2:00	Music <b>CC</b>
2:30	HeartLift <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	A Day With the King <b>CC</b>
4:30	Sing Along / Bible Treasures <b>CC</b>
5:00	Featured Ministries <b>CC</b>
5:30	Your Favorites By Request <b>CC</b>
6:00	Jesus for Asia Now <b>CC</b>
6:30	Salvation in Symbols & Signs - Revelation <b>CC</b>
7:00	3ABN Sabbath School Panel <b>CC</b> 1hr
8:00	3ABN Today Family Worship <b>CC</b> 1hr
9:00	It is Written <b>CC</b>
9:30	Maranatha Mission Stories <b>CC</b>
10:00	Mission 360 <b>CC</b>
10:30	Hope in Motion/Praise Him Music Videos <b>CC</b>
11:00	3ABN Today Family Worship <b>CC</b> 1hr
12:00a	ASI Conventions <b>CC</b> 1hr
1:00	Breath of Life <b>CC</b>
1:30	Thunder in the Holy Land <b>CC</b>

CDT SATURDAY	
2:00a	Praise! <b>CC</b>
2:30	It Is Written <b>CC</b>
3:00	Daniel All Access <b>CC</b> 1hr
4:00	Revelation Now <b>CC</b> 1hr
5:00	Revelation Insights <b>CC</b> 1hr
6:00	Amazing Facts with Doug Batchelor <b>CC</b>
6:30	Tiny Tots for Jesus <b>CC</b>
7:00	Bible Gems / Bible Buzz <b>CC</b>
7:30	Sing Along / Bible Treasures <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	3ABN Sabbath School Panel <b>CC</b> 1hr
10:00	3ABN Worship Hour <b>CC</b> 1hr
11:00	Three Cosmic Messages: Earth's Final Conflict <b>CC</b>
12:00p	Sabbath School Study Hour <b>CC</b> 1hr
1:00	New Perceptions <b>CC</b> 1hr
2:00	Kids Praise Too! <b>CC</b>
2:30	Adventist World Radio
3:00	3ABN Today <b>CC</b> 1hr
4:00	Maranatha Mission Stories <b>CC</b>
4:30	Hope in Motion/Praise Him Music Videos <b>CC</b>
5:00	Sanctuary, Salvation, & Our Savior <b>CC</b>
5:30	Lineage <b>CC</b>
6:00	Laymen Ministries <b>CC</b>
6:30	Salvation in Symbols & Signs - Daniel <b>CC</b>
7:00	Spring Camp Meeting 1hr <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Breath of Life <b>CC</b> 1hr
9:30	Raw Questions / Intimate Clarity <b>CC</b>
10:00	Table Talk <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Discover <b>CC</b> 1hr
1:00	Anchors of Truth <b>CC</b> 1hr



Vietnamese Rolls by Stephanie Salazar



Carrot Kheer Dessert by Padmaja Medidi



Fruit & Toasted Almond Holiday Stuffing by the Holmes Sisters

Carob Nut Butter Cups by Heidi Thompkins and Ivan Raj

Black Bean Burgers by Dr. Dona Cooper and Chef Edgar Aguiñaga