

# 3ABN TV SCHEDULE

PDT -2 hours • MDT -1 hour • EDT +1 hour **Red titles are changes effective this month.**  
**CC** = CLOSED CAPTIONED **LIVE** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

CDT	SUNDAY
2:00a	Pillars of Faith <b>CC</b> 1hr
3:00	Featured Ministries <b>CC</b>
3:30	From Sickness to Health <b>CC</b>
4:00	House Calls <b>CC</b> 1hr
5:00	Revelation of the Coming King <b>CC</b> 1hr
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	Amazing Facts with Doug Batchelor <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Praise <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Your Favorites By Request <b>CC</b>
9:30	Adventures in Missions <b>CC</b>
10:00	Focus on God's Word <b>CC</b> 1hr
11:00	Inspirational Hour <b>CC</b> 1hr
12:00p	Secrets to Wellness <b>CC</b>
12:30	The Creator Revealed <b>CC</b>
1:00	A Sharper Focus <b>↻</b> 1hr
2:00	Body & Spirit <b>CC</b>
2:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
3:00	3ABN Today LIVE <b>↻</b> 2hrs
5:00	The Carter Report <b>CC</b> 1hr
6:00	Raw Questions/Intimate Clarity <b>CC</b>
6:30	Salvation in Symbols & Signs <b>CC</b>
7:00	Sabbath School Panel <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Celebrating Life in Recovery <b>CC</b> 1hr
10:00	Featured Ministries <b>CC</b>
10:30	Lineage <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Secrets Unsealed Presents <b>CC</b> 1hr
1:00	Celebrating Life in Recovery <b>CC</b> 1hr

CDT	MONDAY
2:00a	Revelation of Hope <b>CC</b> 1hr
3:00	Homecoming Camp Meeting <b>CC</b> 1hr
4:00	Table Talk <b>CC</b> 1hr
5:00	His Words Are Life/Grandma's House <b>CC</b>
5:30	Cook:30 <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	Pressing in to His Presence <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Ultimate Prescription <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	House Calls <b>CC</b> 1hr
10:00	Free Indeed <b>CC</b>
10:30	Books of the Book <b>CC</b>
11:00	Sabbath School Panel <b>CC</b> 1hr
12:00p	Behold the Lamb Presents <b>CC</b> 1hr
1:00	Off the Grid <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life (Casio Jones) <b>CC</b>
2:30	Heaven's Point of View <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Kids Time Praise <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	Liberty Insider <b>CC</b>
5:30	Your Favorites by Request <b>CC</b>
6:00	Grace Pipeline <b>CC</b>
6:30	Salvation in Symbols & Signs <b>CC</b>
7:00	Revelation's Ancient Discoveries <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Anchors of Truth <b>CC</b> 1hr
10:00	The Carter Report <b>CC</b> 1hr
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Multitude of Counselors
12:30	Music <b>CC</b>
1:00	ASI Conventions <b>CC</b> 1hr



Sun. 7:00 p.m., Mon. 11:00 a.m.  
 Wed. 5:00 p.m., Fri. 7:00 p.m.  
 Sat. 9:00 a.m.  
 CDT (UTC-5)



CDT	TUESDAY
2:00a	Optimize 4 Life <b>CC</b>
2:30	Secrets to Wellness <b>CC</b>
3:00	Melody From My Heart <b>CC</b>
3:30	Free Indeed <b>CC</b>
4:00	Daniel All Access <b>CC</b> 1hr
5:00	Salvation in Symbols & Signs <b>CC</b>
5:30	Wonderfully Made <b>CC</b>
6:00	Body & Spirit Aerobics <b>CC</b>
6:30	The Heavens Declare <b>CC</b>
7:00	Tiny Tots for Jesus <b>CC</b>
7:30	Maranatha Mission Stories <b>CC</b>
8:00	3ABN Today LIVE <b>↻</b> 2hrs
10:00	Pressing in to His Presence <b>CC</b>
10:30	Thunder in the Holy Land <b>CC</b>
11:00	Featured Ministries <b>CC</b>
11:30	Books of the Book <b>CC</b>
12:00p	Spring Camp Meeting <b>CC</b> 1hr
1:00	Battles of Faith <b>CC</b>
1:30	Cook:30 <b>CC</b>
2:00	Body & Spirit <b>CC</b>
2:30	HeartLift <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Kids Time Praise <b>CC</b>
4:30	The Creation Case <b>CC</b>
5:00	From Sickness to Health <b>CC</b>
5:30	Multitude of Counselors <b>CC</b>
6:00	Mission 360 <b>CC</b>
6:30	Salvation in Symbols & Signs <b>CC</b>
7:00	Secrets Unsealed Presents <b>CC</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Behold the Lamb Presents <b>CC</b> 1hr
10:00	Amazing Facts with Doug Batchelor <b>CC</b>
10:30	The Creator Revealed <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	Raw Questions/Intimate Clarity <b>CC</b>
12:30	Exalting His Word <b>CC</b>
1:00	Adventures in Missions <b>CC</b>
1:30	The Creator Revealed <b>CC</b>

CDT	WEDNESDAY
2:00a	Celebrating Life in Recovery <b>CC</b> 1hr
3:00	Revelation's Ancient Discoveries <b>CC</b> 1hr
4:00	Spring Camp Meeting <b>CC</b> 1hr
5:00	Praise <b>CC</b>
5:30	Adventist World Radio <b>CC</b>
6:00	Body & Spirit <b>CC</b>
6:30	It Is Written <b>CC</b>
7:00	Amazing Facts with Doug Batchelor <b>CC</b>
7:30	It Is Written Canada <b>CC</b>
8:00	3ABN Today <b>CC</b> 1hr
9:00	Remodeling Your Life <b>CC</b>
9:30	Free Indeed <b>CC</b>
10:00	Revelation Insights <b>CC</b> 1hr
11:00	Table Talk <b>CC</b> 1hr
12:00p	Daniel All Access <b>CC</b> 1hr
1:00	Issues and Answers <b>CC</b>
1:30	Abundant Living <b>CC</b>
2:00	Action 4 Life <b>CC</b>
2:30	Perfecting Me <b>CC</b>
3:00	3ABN Today <b>CC</b> 1hr
4:00	Kids Time Praise <b>CC</b>
4:30	Tiny Tots Kitchen/Tiny Tots Worship <b>CC</b>
5:00	Sabbath School Panel <b>CC</b> 1hr
6:00	Life After Choice/Divine Design <b>CC</b>
6:30	Salvation in Symbols & Signs
7:00	A Sharper Focus <b>↻</b> 1hr
8:00	3ABN Today <b>CC</b> 1hr
9:00	Amazing Facts with Doug Batchelor <b>CC</b>
9:30	Secrets to Wellness <b>CC</b>
10:00	It Is Written <b>CC</b>
10:30	Liberty Insider <b>CC</b>
11:00	3ABN Today <b>CC</b> 1hr
12:00a	A Sharper Focus <b>↻</b> 1hr
1:00	Lineage <b>CC</b>
1:30	Life After Choice/Divine Design <b>CC</b>

# YOUR FAVORITES BY REQUEST



Watch *Your Favorites by Request* on **3ABNPraiseHim.tv** or look for the playlist on our Praise Him YouTube channel.



## CDT THURSDAY

- 2:00a Laymen Ministries **CC**
- 2:30 Maranatha Mission Stories **CC**
- 3:00 Spring Camp Meeting **CC 1hr**
- 4:00 Remodeling Your Life **CC**
- 4:30 Issues & Answers **CC**
- 5:00 Discover **CC 1hr**
- 6:00 Body & Spirit Aerobics **CC**
- 6:30 Jesus for Asia Now **CC**
- 7:00 Tiny Tots for Jesus **CC**
- 7:30 Tiny Tots Kitchen /Tiny Tots Worship **CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 ASI Conventions **CC 1hr**
- 10:00 From Sickness to Health **CC**
- 10:30 Grace Pipeline **CC**
- 11:00 Revelation of Hope **CC 1hr**
- 12:00p Ultimate Prescription **CC**
- 12:30 Multitude of Counselors **CC**
- 1:00 The Heavens Declare **CC**
- 1:30 Amazing Facts with Doug Batchelor **CC**
- 2:00 Body & Spirit **CC**
- 2:30 Contending for the Faith **CC**
- 3:00 3ABN Today **CC 1hr**
- 4:00 Kids Time Praise **CC**
- 4:30 The Creation Case **CC**
- 5:00 Revelation of the Coming King **CC 1hr**
- 6:00 The Carter Report **CC 1hr**
- 7:00 Sabbath School Study Hour **CC 1hr**
- 8:00 3ABN Today LIVE **2hrs**
- 10:00 Kenneth Cox Ministries **CC 1hr**
- 11:00 3ABN Today **CC 1hr**
- 12:00a Table Talk **CC 1hr**
- 1:00 3ABN Today LIVE **2hrs**

## CDT FRIDAY

- 3:00 Action 4 Life **CC**
- 3:30 Heavens Point of View
- 4:00 Liberty Insider **CC**
- 4:30 Battles of Faith **CC**
- 5:00 Sabbath School Study Hour **CC 1hr**
- 6:00 Body & Spirit **CC**
- 6:30 Contending for the Faith **CC**
- 7:00 Secrets Unsealed **CC 1hr**
- 8:00 3ABN Today **CC 1hr**
- 9:00 Optimize 4 Life **CC 1hr**
- 9:30 Cook:30
- 10:00 Health for a Lifetime **CC**
- 10:30 Life After Choice/Divine Design **CC**
- 11:00 Thompsonville Worship Hour **CC 1hr**
- 12:00p Daniel All Access **CC 1hr**
- 1:00 Behold the Lamb Presents **CC 1hr**
- 2:00 Music **CC**
- 2:30 HeartLift **CC**
- 3:00 3ABN Today **CC 1hr**
- 4:00 A Day With the King **CC**
- 4:30 Grandma's House/Tiny Tots Worship **CC**
- 5:00 Featured Ministries **CC**
- 5:30 Your Favorites by Request **CC**
- 6:00 Jesus for Asia Now **CC**
- 6:30 Salvation in Symbols & Signs **CC**
- 7:00 Sabbath School Panel **CC 1hr**
- 8:00 3ABN Today Family Worship **CC 1hr**
- 9:00 It is Written **CC**
- 9:30 Maranatha Mission Stories **CC**
- 10:00 Mission 360 **CC**
- 10:30 Hope in Motion/Praise Him Music Videos **CC**
- 11:00 3ABN Today Family Worship **1hr**
- 12:00a ASI Conventions **CC 1hr**
- 1:00 Breath of Life **CC**
- 1:30 Thunder in the Holy Land

## CDT SATURDAY

- 2:00a Praise! **CC**
- 2:30 It Is Written **CC**
- 3:00 Kenneth Cox Ministries **CC 1hr**
- 4:00 Revelation Now **CC 1hr**
- 5:00 Revelation Insights **CC 1hr**
- 6:00 Amazing Facts with Doug Batchelor **CC**
- 6:30 Tiny Tots for Jesus **CC**
- 7:00 Kids Network **CC**
- 7:30 A Day With the King **CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 Sabbath School Panel **CC 1hr**
- 10:00 Revelation's Ancient Discoveries **CC 1hr**
- 11:00 3ABN Australia Homecoming **CC 1hr**
- 12:00p Sabbath School Study Hour **CC 1hr**
- 1:00 New Perceptions **CC 1hr**
- 2:00 Kids Network **CC**
- 2:30 Adventist World Radio
- 3:00 3ABN Today **CC 1hr**
- 4:00 Maranatha Mission Stories **CC**
- 4:30 Hope in Motion/Praise Him Music Videos **CC**
- 5:00 3ABN Camp Meeting **CC 1hr**
- 6:00 Laymen Ministries **CC**
- 6:30 Salvation in Symbols & Signs **CC**
- 7:00 Table Talk **1hr CC**
- 8:00 3ABN Today **CC 1hr**
- 9:00 Breath of Life **CC 1hr**
- 9:30 Raw Questions / Intimate Clarity **CC**
- 10:00 GYC **CC 1hr**
- 11:00 3ABN Today **CC 1hr**
- 12:00a Discover **CC 1hr**
- 1:00 Anchors of Truth **CC 1hr**

3ABN's Praise Him Music Network is dedicated to glorifying God and encouraging His people through inspirational Christian music. In Acts 16, as Paul and Silas prayed and sang hymns in prison, their chains were loosened and the prison doors opened! Sing along with us and experience the transforming power of praising God!



CONNECT WITH US!



“Make a joyful shout to the Lord, all you lands!” Psalm 100:1