

June 2025

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3ABN WORLD MAGAZINE



Reaching
**ANOTHER
WORLD**

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HELP SHARE THE LIGHT

STREAMING GOOD NEWS PG14

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Vol. 20 #238
June 2025

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3ABN World is a monthly publication. Subscriptions are free and available in the United States. Overseas subscriptions by request. ISSN 1552-4140

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PRESIDENT'S LETTER | Greg Morikone



Dear 3ABN Family,

As a young man, I remember saving my money to buy some new clothes; but then the hard part was deciding what clothes to buy and what not to, because of my limited funds. At the time, those seemed like big decisions, but looking back, they were quite trivial.

Decisions—we all have to make them many times in any given day. It is estimated that the average adult makes about 33,000 decisions each day. *What am I going to eat for breakfast? What am I going to wear to work today? What time should I get up? What should I say to someone in a conversation?* These are just a few of the many decisions we make every single day. And although all these decisions have their value, they are not nearly as important as the choice we make every single day about who we serve—Christ or Satan. We can only serve one or the other, there is no middle ground.

I'm reminded of the three Hebrew men who stood faithful on the Plain of Dura. King Nebuchadnezzar commanded them to bow down and worship his statue, but they stood firm and true, stating they would only bow down to the God of Heaven. Even with the fiery furnace as the consequence for disobeying the king, they stood steadfastly by their choice to follow God. Their faithful commitment to the Lord was incredible! I want that kind of commitment to God in my life, don't you?

This all reminds me of the wonderful passage from Scripture where Joshua said, "As for me and my house, we will serve the Lord" (Joshua 24:15). We each have a choice—who will we serve today? At 3ABN, we have committed to choosing Jesus Christ—and the truth in His Word.



Greg Morikone
3ABN President


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"Jesus is Coming, I Will Go!"
JULY 3–12, 2025



Watch nightly 3ABN reports on important decisions and interviews with newly elected Church leaders.

3ABN+





Reaching ANOTHER WORLD

by Bobby Davis

Because our world is flooded with selfies, reels, shorts, and endless posts, sharing Bible truths on social media may seem like tossing seeds into the wind. But with God's blessing, every scroll and swipe is a chance to plant hope, truth, and the promise of eternal life into someone's feed. Just as Paul stood in marketplaces and synagogues to reach people, we must meet them where they are—on Instagram, TikTok, YouTube, Facebook, X, and beyond. We must use every possible means to share the Good News with every soul!

A Passion for Sharing Truth

"Jesus commissioned His believers in Mark 16:15 (KJV) to 'Go ye into all the world, and preach the gospel to every creature,'" says 3ABN President Greg Morikone. "And while 3ABN's mission hasn't changed, we have added new methods to accomplish it.

"We want to connect more with young adults," he continues, "because Jesus clearly meant for us to reach all ages.

Social media offers another world we can reach, and that's why I'm so passionate about it.

"So many people think we need to entertain viewers and listeners to reach them, but *we're not changing our content or message, nor will we water it down.*

"Mankind is growing increasingly desperate as they search for truth-filled biblical content on these platforms—and they will find it here! Our production staff will focus for several weeks on building our social media content library, and we'll repurpose some programs and post shorter clips. However, our main push will be to produce new content around ten minutes long, plus audio and video podcasts that last up to an hour.

"Since our 3ABN Sabbath School Panel is well loved, we might do some YouTube live programs, but our focus is to make sure our content continues to enrich viewers' and listeners' spiritual, family, and physical life.

"We have four studios, plus other areas that can be used simultaneously. And

although every program will be high-quality, some can be recorded in less time, without a dozen people and a full control room. In some locations, we'll only need a couple of cameras—or we might even use cell phones! But the bottom line is that we're committed to using our entire production crew and all of our resources.

"It's a blessing that most of the content won't need editing and will have that relaxed, spontaneous, spoken-from-the-heart feel. We'll go outdoors, on location, or wherever, and we'll try many different things."

"We're excited about this delivery method to reach more people with the gospel," says 3ABN Vice President/COO Jill Morikone. "3ABN will still produce our regular content for broadcast, but will be adding in these podcasts and short videos on a wide variety of topics, including biblical content such as apologetics and the gospel; health-related shorts with plant-based recipes; music; and much more. Look for this new content to come out on social media soon!"

Digital Evangelism

Greg looks forward to reaching millions of new viewers. "The little we've done in social media has shown tremendous results, so we're excited about giving it a push and seeing what God will do!" he says.

That "push" has 3ABN's Social Media Manager Ricky Carter excited, too. "Everyone can help spread the gospel by becoming a digital evangelist!" he exclaims. "Just start by subscribing, liking, and sharing

our 3ABN YouTube Channel content. The larger our subscriber base becomes, the more people will be notified each time we publish a new video. They'll get views more quickly and be promoted more prominently. A higher subscriber count enhances our channel's credibility and perceived value, encouraging viewers to subscribe and engage with our content.

"The more likes and shares we get, the more it helps with analytics. And as YouTube sees more people like and share, it begins suggesting it more. So please help us evangelize the world by subscribing, liking, and sharing 3ABN's YouTube Channel content with others! You can find us at www.youtube.com/@3abn."

3ABN's Web/Print Design Manager Adam Dean agrees. "It's a real privilege to assist Ricky as he leads out in this new area of evangelism," he says. "And I can't help but think of Psalm 107:23–24, that says, 'Those who go down to the sea in ships, who do business on great waters, they see the works of the Lord ...'

"Statistics show that over 5 billion people use social media, and it keeps growing! God wants to calm the storms in their lives and bring them to a safe harbor, but someone has to go out 'on great waters' and bring them the message."

Please pray for this huge project. Time is short, and we must reach all those we can with the life-saving love of Jesus. ☺



"Social media offers another world we can reach, and that's why I'm so passionate about it." – Greg Morikone, 3ABN President

God's Message in French

By Moses Primo



Three Angels Broadcasting Network proclaims the message found in Revelation 14:6 (NIV) that says that another angel “had the eternal gospel to proclaim to those who live on the earth—to every nation, tribe, language and people.”

I firmly believe God has allowed technology to progress to this point so it can be used to advance the preaching of the gospel during these End Times. Today, the correct use of Artificial Intelligence (AI) is a tremendous blessing in translating God's plan of salvation through Jesus Christ into many different languages—something that just a few years ago seemed to be an impossible and expensive task for mankind.

Jesus is the Answer

3ABN is committed to expand our reach to different languages, and French is just one more group of people we are seeking out, offering Jesus as the only answer to mankind's problems. Unfortunately, the majority of the French-speaking population has turned its back on God and become a secular society that doesn't feel the need for the Lord.

But God knows there are still many sincere souls who are seeking for Jesus. That's why 3ABN Français exists—to help reach these souls, since God doesn't want anyone to perish, but everyone to be saved.

In January of 2025, we began dubbing our *3ABN Sabbath School Panel* programs

into French. Previously, we had one man who translated and dubbed all the speakers himself. But using AI, we now have separate voices for each speaker, making it sound like each one is speaking fluent French! Of course, *we carefully review* the final content, watching for any discrepancies in the translation, and correcting them before the program is aired.

One website that carries this series each week has an average of over 5,000 people who watch the translated programs. Many of them write to us saying they are receiving a tremendous blessing as they watch and learn more about Jesus!



The Lord has been blessing 3ABN Français abundantly with a variety of guest speakers as we aim for a diversified audience. We've recorded several new programs and launched a YouTube channel that allows our viewers to choose the subject they want to watch from our on-demand French video library.

God Provides Programming

In December of 2024, plans to record a presenter fell through at the last minute, leaving us scrambling to fill four days of studio time reserved for our network. We'd already translated two booklets of short devotionals written by 3ABN employees, so over a two-day period, our video editor, Hannah Antonio, read the five-to-ten-minute stories that now make up a new program we call *Pause*.

The following day, Benjamin Primo and Liam Vandervalk recorded a variety of songs using the talents God gave them to play the piano and guitar. Hannah Antonio also used her gifts to produce ten musical devotionals, combining well-known hymns with Bible verses to provide comfort and encouragement to our viewers. These short programs can now be used between our longer programs.

Finally, in March, we recorded 22 episodes of *Devenir la Meilleure Version de Vous* (*Becoming the Best Version of You*) with young motivational speaker, Rechanka Doristil, covering various aspects of Christian Identity.

To help with the increased workload, we added a part-time worker, Gabriella Negrea, a Romanian woman who spent several years in France before moving to the United States. She is translating our

3ABN Bible Studies and Sabbath School Panel notes into French. Those notes, along with the Sabbath School Lessons, can be found each week on our website, **3ABNFrancais.tv**. Our Bible Studies are a colorful tool to learn and share Bible truths about End Times events, and to learn how we can prepare our characters to receive Jesus at the Second Coming.

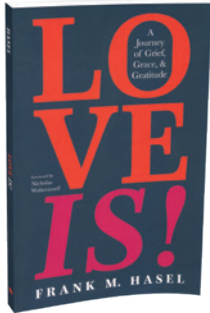
Each time we record original programs in French, we think carefully about the content, praying for God's guidance on how to use such programs to teach about God's love and His plan of salvation. Though small, 3ABN Français Network has the potential to reach over 200 million French speakers around the world, so we are always looking for new presenters. If you know of someone who has a stirring desire to share their message in French, please let us know.

We covet your prayers, and we thank you for the financial support that allows us to record more Christ-centered programs, showing God's love to our audience. Please continue to support 3ABN Français as the Lord impresses your heart; and may He continue blessing you abundantly more than you could ever ask or think. ☺

(Left): 3ABN Sabbath School Panel is now available in French! (Top): Rechanka Doristil and Benjamin Primo use their talents for the Lord's honor and glory.

3ABNFrancais.tv

CHECK OUT THESE NEW RESOURCES



LOVE IS! A JOURNEY OF GRIEF, GRACE, AND GRATITUDE

By Frank M. Hasel

If you have ever wondered how to relate to someone struggling with the emotional turmoil created by a significant loss, this book will provide practical insights into what is "helpful help." This is a story for everyone who has ever lost someone they loved dearly ... and lost themselves in the process! You are not alone.

BLI - \$19*

3ABN BIBLE STUDY GUIDES

Our colorful and attractive 3ABN Bible Study Guides will help you discover the spiritual principles to solving life's most difficult problems, pointing out God's love and direction for your life!

They're perfect for personal study, group discussions, or sharing; and each study guide contains a special QR code link to additional videos and related material on 3ABNBibleAnswers.com. It's never been easier to learn Bible truths—and share them with others around you!

"Looking Higher" Bible Study Guides

1 Set (14 study guides) 3ABNSG-SET - \$8*

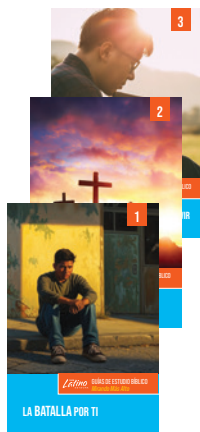
10 Sets 3ABNSG-10SET - \$30*

"Searching Deeper" Prophecy Bible Study Guides

1 Set (13 study guides) 3ABNSG2-SET - \$8*

10 Sets 3ABNSG2-10SET - \$30*

[Set 1 also available in Spanish 3ABNSGS-SET - \$8*; 3ABNSGS-10SET - \$30*]



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IN SPANISH



KIDS NETWORK CRAFT BOOKS 1 & 2

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Book 1 - KNCRAFTBOOK - \$20*

Book 2 - KNCRAFTBOOK2 - \$20*



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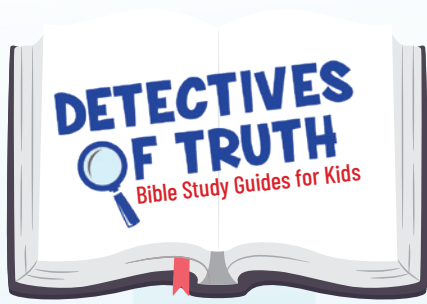
Photography by Cinda Sanner

Explore God's beautiful world through breathtaking photographs paired with Bible verses of thanksgiving and praise. Whether you're a traveler, a photography lover, or someone who just seeks to deepen their faith, this book will lift your spirits and help you see God's handiwork all around you.

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SHORT STORY: MATTHEW 28:16-20
OPEN MY BIBLE, OPEN MY HEART



HELP SHARE the Light

By Jasmine Carter

Have you ever wished more people in your community could experience the powerful, Christ-centered programming on 3ABN? The encouraging Bible teachings, practical health insights, uplifting music, and messages of hope?

Well, you can help make that happen—starting right where you are.

Create a Demand

The 3ABN Cable Write-In Campaign is a simple yet impactful way to bring 3ABN's Networks to your local cable lineup. For 40 years, 3ABN has been a global voice proclaiming the undiluted three angels' messages of Revelation 14 through preaching, health programs, music, and family-friendly content. Yet many don't realize that most cable providers won't add Christian networks unless there's a clear and consistent demand from local customers.

That's where you—and your church—can make a difference!

We've seen the greatest results through handwritten postcard requests. They are personal, affordable, and surprisingly powerful. Just one card can start a conversation. But when churches send cards regularly, cable providers take notice—and lives are impacted.

Here's how to get involved:

- Write a short note asking your cable provider to carry 3ABN and 3ABN Dare to Dream.
- Include your name, return address, and a brief reason for your request.
- Address the card to the cable company's Programming or Marketing Department.
- Send one card each month—and encourage your church family to do the same!
- If every member sends just one card per month, the collective message becomes impossible to ignore.

We're Here to Help

Want guidance on how to start this campaign in your area? 3ABN's Marketing Department is here to support you. We'll walk you through the process and answer any questions you may have. Just email us at marketing@3abn.org, or call Jasmine Carter at 618-627-4651 x3130.

Let's share the light—one postcard at a time.



Your Encouragement

In addition to the letters and emails we receive from you, we also love to read the comments you leave on our social media posts. **Kathy** watched a *Made for Health* Facebook reel with Risë Rafferty, and wrote: “This series is such a deep and insightful look into how our bodies work. I’ve learned a lot from each episode! Thanks for this!”

Al commented on a Facebook reel of a *3ABN Sabbath School Panel* program, saying, “I am a Vietnam vet, and I watch you guys every week. As far as I am concerned, your method of presenting the Sabbath School Lesson is the best I have ever encountered. God bless you all!”

Annette made a comment on Facebook, as well, saying how much she enjoyed meeting her 3ABN Family in person at a 3ABN Rally. “I’m also grateful for 3ABN+,” she adds. “It’s helping me understand truth, and it’s changed my life. God bless you all!”

Strength and Encouragement

Paul and Louise wrote that they get a lot out of our healthy exercise programs. “We are age 83 and 80, and we’ve been doing *Body & Spirit* workouts for several years, every morning. When we were on vacation with our family, we did a strenuous 8-mile hike up to a waterfall and back, and I’m sure those workouts were a big help!”

Margaret, in Libby, Montana, wrote, “When I was ill for seven months, 3ABN

programming saved my life. I could still do my Bible studies through the *3ABN Sabbath School Panel*, and I could attend services virtually at Pioneer Memorial Church and other locations right there on 3ABN. I love you!”

Clear Doctrine

Many others tell us how much they appreciate our teaching, taken straight from God’s Word.

“This message about the ‘Mysterious 666’ is crystal clear,” **Dorothy** says. “Every mystery in Revelation 13 has been cleared in my heart! I thank the Holy Spirit for using you to bring this into light. May God mightily bless you all.”

And **Emma** wrote this after watching a *3ABN Worship Hour* program on blaspheming the Holy Spirit, “Thank you for clarifying how the Holy Spirit works in us, individually. While we attended a splinter group from the Worldwide Church of God, we were told that blasphemy against the Holy Spirit would be if we departed from that denomination. Thank you for preaching God’s truth!”

Everyone who has found the truth through 3ABN is grateful to each of you for helping us continue sharing the everlasting gospel of the three angels’ messages found in Revelation 14 with the world! ☺

Meg Berndt was raised in the Roman Catholic faith, attended a parochial school, and took their catechism classes. But all she remembers learning about was a punishing God, so when she was old enough to drive, she quit attending church.

Years later, some friends invited her to their church, and she enjoyed the services. Then she heard Lonnie Melashenko’s *Voice of Prophecy* radio broadcast one day on her commute, and when he offered their free Discover Bible Study Guides, she signed up. Each time she mailed a completed lesson, she’d get it back with a note of encouragement and a new study guide. But as she

One day, as she sat in a service, a man behind her offered her a book over her shoulder. It was *The Great Controversy*, and a few moments later, when she turned around to thank him, he had vanished! Meg still wonders if he might have been an angel!

That book sat unopened for a year, but one day, she picked it up and began to read. She’d never read anything about the history of Christianity, and this book matched the Bible perfectly. The pieces began falling in place—but God still had one more piece for her!

After Meg moved to Oregon, she could only pick up one TV station—3ABN!



learned more Bible truths, she noticed she was hearing less and less truth every Sunday in her own church! Even worse, when she tried to share what she was learning, they told her she was wrong, and that she should keep quiet.

Overcome by sadness, Meg finally stopped attending church altogether, and would just sit at home and read her Bible, begging God to reveal more truth to her. Over time, she badly missed the fellowship she’d experienced, so eventually, she began visiting different churches again.

And as she listened, she was surprised to hear them talking about the exact same things she’d been reading about!

Soon, she sought out a Seventh-day Adventist Church, and when she walked in, she heard a Voice saying, *See that man over there? He’s going to be your husband!*

We all love happy endings, so we’re thrilled to say that Meg has now been married to that man for the past 17 years! She says she’s grateful that 3ABN was there, because it made all the difference in her life—as it has for so many others. ☺

STREAMING GOOD NEWS

When Danny Shelton was impressed in 1984 to build a television station that would “reach the world with the undiluted three angels’ messages” of Revelation 14, he could not have imagined how those programs would be broadcast today. But because he trusted that where God guides, He provides, Danny stepped forward in faith, and in a matter of a few years, not only had 3ABN begun broadcasting to North America by satellite, but also over a rapidly expanding network of new television downlink stations built by support of 3ABN’s growing number of supporters. Those stations brought Christ-centered programs 24 hours a day to millions of viewers who were hungry for the truth contained in the Bible!

No one could have foreseen that in a few short years, 3ABN would begin to reach across the world through a network of satellites, or much less through the mysterious Internet, which suddenly exploded in the 1990s. But God knew. And He prepared the way!

Today, 3ABN is available to nearly everyone on all of the inhabited continents of the world through satellite, broadcast stations, and the Internet. Through this ministry, the grace of God, the joy of salvation, and the three angels’ messages are being proclaimed every second of every day “to every nation, tribe, tongue, and people” (Revelation 14:6).

The Power of the Internet

3ABN was an early adopter of Internet transmission to computers, and then to set-top boxes, tablets, and smartphones. And today, video content is migrating more and more to mobile devices, making it possible for viewers to watch 3ABN anytime and anywhere. In addition, our 3ABN+ app has made it easy to watch both our live stream and thousands of other programs on-demand. This is all good news—but the cost of streaming goes up steadily as more viewers discover us.

Although our primary method of distribution for many years was through satellite, 3ABN now streams on Roku, Apple TV, mySDAtv, Fire TV, and on many other platforms and devices. Add to these the livestreams for each of our television and radio channels, IPTV channels, and cable companies that rebroadcast our Internet stream, and it all adds up. In fact, over the past year, the amount of our data streaming has increased dramatically.

There’s probably not a more direct way you can help spread the gospel than to support the cost of streaming 3ABN’s 15 TV and radio channels, so won’t you prayerfully consider this important need? For all you do for this ministry, we thank you from the bottom of our hearts! ☺



Be sure to earmark your donation
#431— Online Streaming Costs



Sprouts

by Libette Irizarry and Silma Vogt

PHOTO: SVETLANA CHRISTIAN

INGREDIENTS

- 2 Tbsp of lentils
- 2 Tbsp fenugreek seeds
- 2 cups of water
- 2 Tbsp red clover seeds
- 2 Tbsp mung beans
- 4 sprouting jars with mesh lids

DIRECTIONS

1. Soak seeds or beans overnight for at least 10 hours.
2. Place 2 tablespoons of red clover seeds in a glass quart sprouting jar with ½ cup water. Do the same with all the seeds and mung beans, but be careful to pick out any broken beans or debris first, before adding them to their jars.
3. Drain water the next day, making sure the mesh lid is secure. Rinse and drain the seeds in fresh water again.
4. Place jar at a 45-degree angle and store in a cool, dark place, rinsing and draining seeds twice a day for 3–6 days.
5. Lentils and mung beans will be ready in 3–4 days, fenugreek seeds in about 5 days, and red clover seeds in about 6 days. After they sprout, expose them to sun or artificial light so they can develop the chlorophyll (green color) that is so healthy.
7. When sprouts are ready, you can eat them with both raw and cooked foods.
8. Sprouts may be stored in the refrigerator, but make sure they stay well drained.



For more great recipes visit 3ABNRecipes.org



Find this cooking video on 3ABNPlus.tv!

Just look for “In the Kitchen with Lifeline Wellness Institute” (TDYC230015)

Preparing To Proclaim
THE FINAL CRY

3ABN Summer Camp Meeting

Join us for 3ABN's Summer Camp Meeting



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