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3ABN WORLD MAGAZINE



Vadim Trusuyuk
Production Manager

Julia Outkina
Executive Director

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Executive Editor: Jill Morikone
Managing Editor: Bobby Davis
Creative Director: Adam Dean
Graphic Designers: Janelle Owen, Svetlana Christian, Alena Ocampo
Photographer: Svetlana Christian
Proofreaders: Lynette Jaque, Valerie Morikone, Kiersten Poling, J.D. Quinn

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PRESIDENT'S LETTER | Greg Morikone



Dear 3ABN Family,

I'll never forget the nugget of advice my father shared with me some 30 years ago. I was telling my dad how disheartened and discouraged I was with some of the leaders I was in contact with at a Christian school. To me, they seemed to be two-faced and hypocritical. I remember telling my Dad, "This Christianity thing may not be for me if this is how it is."

He calmly listened to my frustrations and questionings, but his response helped change the course of my life. "Son, human beings will fail you in one way or another in life. As your earthly father, I have failed you at times. Leaders will fail you, and you will fail others. But don't let that discourage you in your Christian journey. Look to Jesus, son. He will *never* fail you. He will *never* let you down."

That wonderful biblical council from my dad so many years ago is still relevant for each of us today. We must keep our eyes focused on Jesus no matter *what* is going on in the world or in the church!

At times, it's easy to get caught up in the fray of life, letting it discourage us or even destroy our Christian experience. I'm reminded of Hebrews 12:2, that says, "Looking unto Jesus, the author and finisher of our faith..." and also Hebrews 13:8 that says, "Jesus Christ is the same yesterday, today, and forever." Who better to look to than Jesus Christ? He *never* changes.

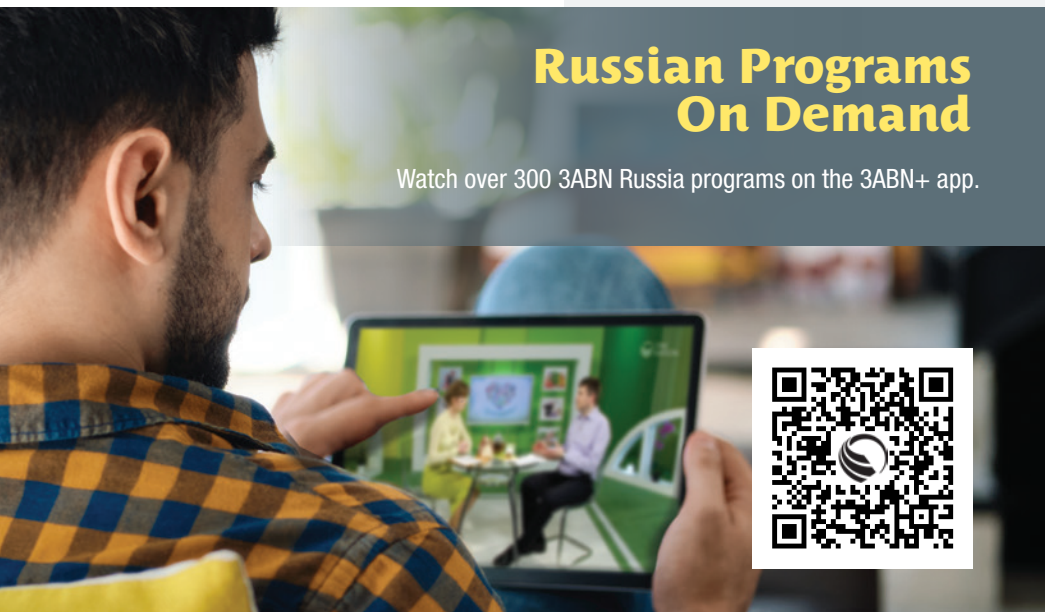
It's easy to put our focus and trust in mankind and put leaders on pedestals, as it were. But when we do this instead of looking to Jesus, we set ourselves up for discouragement. So my brother and sister, let's keep looking to Jesus, the Author and Finisher of our faith. Jesus is soon to come, and now is not the time to lose faith. We are almost home, and there is work to be done for Him!



Greg Morikone
3ABN President

Russian Programs On Demand

Watch over 300 3ABN Russia programs on the 3ABN+ app.





Our 3ABN Russia crew interviews a faith leader about the national promotion of spiritual values for a series called *Reviving Russia*.



GOD'S *Truth* MARCHES ON

by Julia Outkina

PHOTO: VADIM TRUSUK AND SUPPLIED

We are so thankful for our 3ABN leaders and for their God-given vision of worldwide mass media evangelism. For over 32 years, the three angels' messages of Revelation 14 have marched across the Russian-speaking countries of the world with increasing power, proclaiming the everlasting gospel of Jesus Christ.

We want to share some of the Lord's miracles in Russia—and how He's using you, our dear 3ABN Family, to reach millions with these messages of hope and salvation.

Reaching More Russians

Let's start with the amazing miracle of cable coverage. Our partners rebroadcast 3ABN Russia's signal from satellite or the Internet around the clock, and their numbers have steadily increased from 26 ten years ago to 745 by the end of last year (see graphs). Today, 3ABN Russia is available in 5,152 cities, towns, and villages—and by the time you read this article, the Lord will surely have added more!

The Lord has also increased the number of subscribers to every one of our four YouTube and three social media channels this past year! But perhaps the most impressive growth has happened on our main YouTube channel. The number of subscribers has steadily increased since we launched it in 2010, and now, well over 70,000 viewers watch our Bible-based, spiritually enlightening programs!

We know that the Lord desires that no one to whom He has given life should perish, but that they should have everlasting life, instead. The only condition is that they must have faith in God.

Romans 10:17 tells us that faith comes by hearing, and hearing by the Word of God. This is the principle on which we build up the faith of our viewers, listeners, and readers through programming and books.

This is why we give God all the glory: In total, our TV archive currently has 16,205 programs in 165 series, meaning we have 3,938 hours of broadcast content.

There are currently 13,390 radio programs in 131 series on the air, which make up 3,373 hours of broadcasting material.

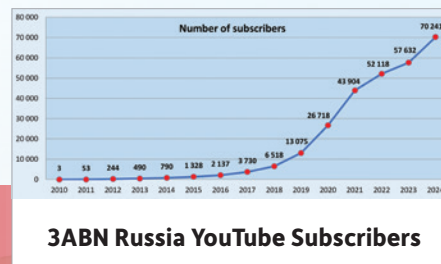
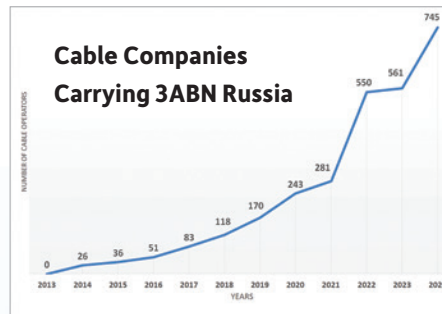
Our 3ABN Russia Call Center has received 26,954 letters, 91,148 e-mails, and 9,000 phone calls from viewers and listeners.

They've also sent out 55,462 letters and 2,933 packages; as well as 61,537 Bibles, 16,654 *Steps to Christ* books, 61,143 adult Bible-study brochures, 5,142 children's Bible-study brochures, 23,393 magazines, and 92,316 other pieces of Christian literature. That amounts to a staggering total of over a quarter-million books and brochures! And all of this is accomplished by 25 full-time and seven part-time workers! Their dedication, high spirit of service, and amazing talent in their own sphere of activities is a miracle of God, for which we are so thankful!

Desperate for Answers

Recent developments include our participation in a nationwide event that promoted spiritual values in our society. The main topic of the event was a revival of the morality and family values presented in the Word of God, and we were privileged to interview 16 representatives of different faiths as well as public organizations. We will be using this material to create several more programs in our series called *Reviving Russia*.

The world is crying out for God's message of salvation in Jesus Christ more than ever before in the history of this generation. And we see how the Lord guides and protects His own special ministry of 3ABN, including 3ABN Russia. We thank you, dear viewers and supporters, for making this ministry possible, and for keeping it flourishing for the glory of God. You are helping to fulfill the amazing plan of salvation He offers to everyone living on our planet! ☺





FOR THE GLORY OF GOD

by Julia Outkina and Vadim Trusyuk

At 3ABN Russia, we're so amazed at how God provides us with ideas for new programs that reveal God's amazing plan for our viewers' lives. And today, we'd like to share the many new projects that came to life in 2024.

Where is God Now? is our new program on practical theology. The heavenly sanctuary is the center of our salvation. It's the place where God's throne is located, and where the resurrected Christ, at the right hand of God the Father, intercedes for us today. It is the place where our sins are forgiven, and these programs reveal how the work of the heavenly sanctuary relates to us today.

Repentance is a word mentioned 70 times in the New Testament. But what does it mean? What constitutes sin? And what should we repent of? They say that if a person realizes their sins and repents of them, they will find true happiness—and this series will help everyone find a right relationship with God and be happy.

Yoga: A Christian Perspective examines common Eastern practices and beliefs, analyzing whether they are compatible with the Christian faith. These programs

take an in-depth look at meditation, occultism, and various esoteric beliefs, helping viewers understand the dangers surrounding these teachings. Each program also offers our viewers Yvonne Shelton's new book, *Perilous Practices—A Look at Yoga*.

The Road of Life is an inspiring story of what happens when a person encounters God and their life changes dramatically. This happened to the hero of our film, who after meeting Christ, no longer wanted to engage in his profitable business. Instead, he chose to serve people by opening the Road of Life Health Center in the village of Dubki.

Let Your Light Shine is Svetlana Malova's inspiring story of how a sincere care for others can change the world for the better. As a Christian singer and a business woman, Svetlana gives people invaluable spiritual hope. Her selfless service, full of compassion and love, opens hearts and encourages faith even during the most difficult times.

Are We Doomed or Are We Found? is a program featuring youth discussing the pains and experiences of teenagers and young people. As they share their

problems, the loneliness they feel, and the lack of meaning in life, we lead them away from the thought of being doomed to being found in Jesus Christ.

Our Music Room is a series of programs where invited guests share their experiences in seeking God through their musical creativity. In a cozy atmosphere, they talk about their spiritual journey—with all its trials and grace. And as they play their talents, filling the living room with songs of love, hope, and faith in God.

Exercise + is a new children's program that strengthens their bodies through fun exercises based on biblical stories. Each session is filled with energy, joy, and friendly interaction, developing teamwork and mutual support. Those who join us are recharged with positivity as they start an active and healthy lifestyle!

Movement is Life! is a wonderful addition to our health programming lineup. This series is for those who want to get in shape, improve their health, and feel more energetic! We have exercises for any age and fitness level—from morning exercises to more complex routines for the prevention of various diseases. God calls us to take care of our health so we can serve Him and our neighbors with joy.

Eat Well for Health! To make eating truly great, it's good to learn how to cook quick, easy, and delicious meals that make us feel energized and satisfied after eating. This new cooking series is delightful!

Answering Your Questions brings clearcut answers to our viewers' questions about health and a healthy lifestyle. With recommendations for men and women of different age groups, and practical advice for those with existing health challenges, this program is a must-see!

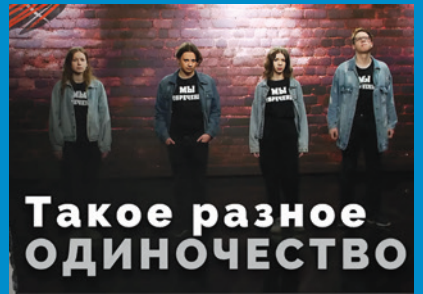
Master Class on Health is dedicated to caring for both the body and spirit. Featuring various methods of gardening,

and even recipes for natural cosmetics, this series is squarely based on biblical principles. Viewers can count on these programs to help maintain healthy bodies and happy spirits.

Our recent new programs prove that with your prayers, and support—and the Holy Spirit's guidance—we can cover the physical, mental, and spiritual needs of our viewers based on the principles in God's Holy Word. We thank our Lord for allowing us to present Him to the world, knowing He is the only One who can make life meaningful and happy. How grateful we are to be a part of 3ABN's amazing worldwide ministry! 🌍



Shooting on location with Svetlana Malova on a program called *Let Your Light Shine*.



Youth share their teenager experiences and hopes on *Are We Doomed or Are We Found?*

Video screenshots supplied

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 \$20 Suggested Donation.
 Free shipping in the U.S.

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Increase your witnessing power by wearing one of our witnessing T-shirts! Each one has a bold word on the front, and a message from God printed on the back.

Each shirt ordered also comes with business-sized cards to hand out with a QR code link to biblical content and videos on our 3ABNBibleAnswers.com website.

It's a great way to witness, and wearing one will surely provide beautiful opportunities for conversations about God that really matter!

Includes free cards

3ABN MIRACLES IN *Motion*

Everyone loves a good story, and God writes the best ones, because His stories are all about the miracles He performs in the lives of His children. Every day we hear of people who have discovered new truth or received hope, salvation, and the strength to deal with serious challenges by watching or listening to 3ABN. And now we are putting together a new testimony program featuring those stories!

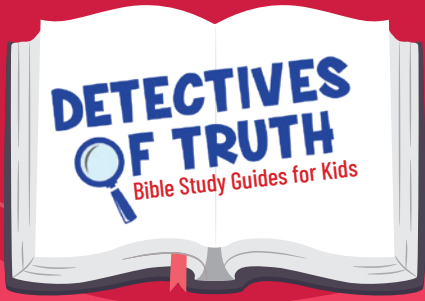
3ABN Miracles in Motion is a new series featuring amazing stories of changed lives. Presented by Greg and Jill Morikone, they feature stories about people like Dan, who lives off the grid with no electricity, and water from a nearby spring. So how did God reach him? Through a portable radio that brought him intriguing programs about the Sabbath from a 3ABN Radio affiliate station!

Dan just couldn't get enough, so one day he decided to attend the nearest Seventh-day Adventist church, and soon his life was changing. As he studied his Bible with his new Sabbath-keeping friends, he fell in love with Jesus, and soon his diet changed. He also quit smoking and drinking, and then he joined the church and was baptized! Now, Dan preaches a sermon in his church every month, has gone on mission trips to Kenya, and is active in prison ministry—and Jesus is at the center of his life.

You'll also hear heart-warming stories about folks like Arlena, who "stumbled" across 3ABN after moving to Medford, Oregon. As she watched, she discovered a 3ABN children's program where kids were singing and playing instruments. As a music teacher, she was delighted. Her heart was softened by their talent and innocence, and she watched them regularly. Eventually, she watched other health and cooking programs, too. But when she heard about the seventh-day Sabbath, she was intrigued, since she'd never heard that it was established during Creation Week. Soon, she was a baptized member of her local Seventh-day Adventist Church, and her life became happy and complete.

So join us for *3ABN Miracles in Motion* as we praise God for His amazing miracles in the lives of our viewers and listeners that brings hope and salvation to people all over the world.





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Godly instruction

Easy to understand

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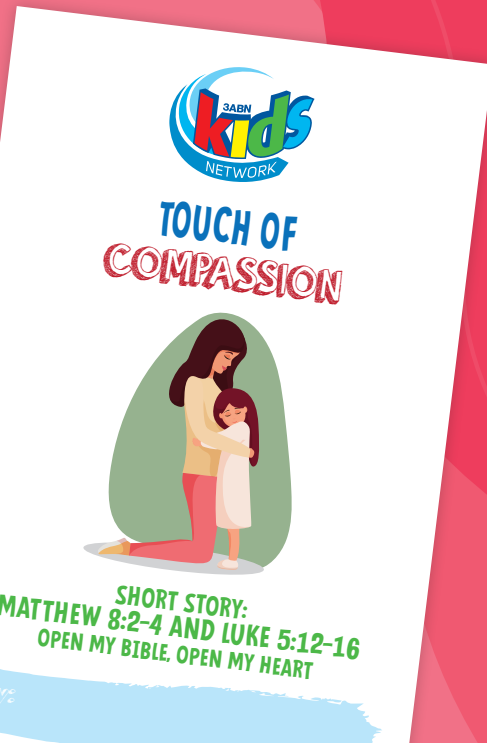
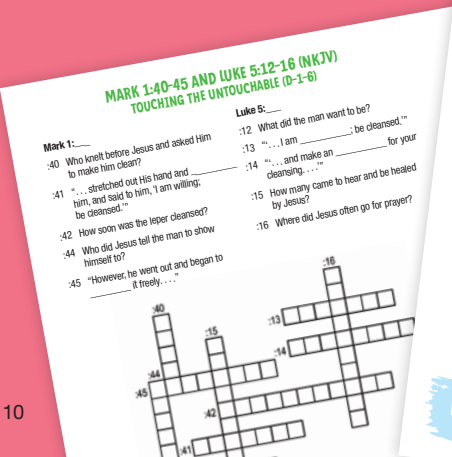
1 PETER 3:8 What does having compassion look like?

Find this question and more in our lesson called "A Touch of Compassion."

Download it here



bit.ly/TouchOfCompassion



by Julia Outkina and Ekaterina Timofeeva



God at the Center

Pavel grew up in a Seventh-day Adventist Christian family, and worked as a cameraman at 3ABN Russia for awhile. But later, he took a secular job, working for a much higher wage. However, we are happy to say that he's back with us, now.

He says, "My relationship with 3ABN Russia started about ten years ago, when I was still a kid. I was invited to participate in a children's cooking program, in which I played the role of a young cameraman who helped record the cooking process right on the set. The crew taught me how to do it, and according to the directors, I did very well. This influenced my future choice of profession, and later, when I applied to be a cameraman at 3ABN Russia, they gladly accepted me.

"What I appreciated about this job was that I could realize my creative potential. A cameraman must be able to see the best shot and then set it up and compose it well. And that's a very creative process. However, after a while, I decided to try a new profession at another organization, with a higher wage. I went through their training and began working there, scheduling meetings with clients, traveling, and communicating with them. But often, the clients turned out to be irresponsible, and meetings were canceled through no fault of my own. This attitude, and the principles of work in a secular team became the main difficulties for me, so I decided to return to 3ABN Russia after realizing that working with a great team of believers and creating enlightening programs makes real sense.

"My depressed mood and thoughts like, *Just get through to the weekend*, disappeared. And the chance to work with fellow Christians again more than compensates for my wages. I find it interesting that while I worked for that secular organization, I began to turn to God more often. I didn't have problems keeping the Sabbath, but I realized that I was praying more—and that God answered my prayers! As I prayed, He gave me peace of heart.

"In life there is no such thing as a bad experience. That job improved my relationship with God—and the Lord reminded me that He was still there. Now, I will maintain my relationship with Him. This is inevitable, because working at 3ABN Russia is a ministry. God is at the center of our programs, and all my relationships with my co-workers. We can't forget God here!"



Bringing Families TOGETHER

Carmelo grew up going to church with his mother, then watching her as she went door-to-door handing out tracts. But as a kid, church felt long and boring, and he says he never heard much about God.

On the other hand, his wife Tena was raised Catholic, but during her teenage years, she began reading her Bible. By the time she was in college, she was baptized in the Seventh-day Adventist Church.

Carmelo's first encounter with Jesus came when he joined the Army. "I found out that if I attended Sunday services, I could sleep through them without my drill sergeant yelling at me," he says. "So I went; but when the chaplain and the men began singing, I felt God's presence, and it reminded me of all the times He had spared my life. It made me want to know who He really was."

Difficulties

While Carmelo was always open to talking about God, he insisted with Tena that his "religion" was on the basketball court, where God watched over him. "He was still hanging on to some things that seemed important to him," she says.

"Then, after some time, he told me he wanted to know what the Bible said for himself, so he began studying with my pastor. He started coming to church with me on Sabbath, and even made a decision to be baptized!" But despite these changes, Carmelo admits that he's not so sure that his heart was truly converted.

Many years passed, and as the COVID pandemic hit, 3ABN helped Tena stay anchored in Jesus. "My husband had just come back from his third deployment, and it was a pivotal time for my children," she says. "I'd realized I couldn't trust things on TV, so I'd stopped watching almost everything else, and only watched 3ABN, Amazing Facts, and It Is Written. God had become so real while my husband was gone, so I told him that God was first in my life, now. 3ABN had lifted our spirits while he'd been deployed. I had prayed for him, asking God to do what He needed to do. The Lord had assured me, saying, *I'm doing a work in him. Don't be upset. I'll take care of you.*"

Tena noticed Carmelo's strong desire to take a greater role in his family when he returned. "We were all involved in church and health ministry, but I was surprised

when he signed up for health ministry training. Before long, we began presenting together, and as he learned and taught the health message, he noticed his own burdens being lifted through God's laws of health—and by being part of a family that was reuniting with God.

"One day, I heard a powerful testimony with Ian Vandervalk on 3ABN. He was telling how he'd served in the military, and how God had changed his life. I told Carmelo he just *had* to hear how Ian had been involved in starting 3ABN's School of Discipleship (SOD), and added, 'You should go!'"

But Carmelo was less than enthusiastic. "Secretly I thought, *I don't know my Bible, and if I go for training, they'll find out quickly!* But a strong whisper told me, *Carmelo, just apply.* So I did. But when I was accepted, I thought, *Oh my. I'm going! Now what?!*"

Changed Lives

The effect on Carmelo was powerful. "3ABN changed my life!" he says. "I don't shy away from sharing the gospel anymore, and I can share it with confidence! I use the 3ABN Bible study guides, and the gentleman I'm studying with is eager to stay after work to study the Bible with me.

"My love for the Lord pours out to my family," he continues. "When I returned, I began praying with them. We read together now, and I'm a softer man. My son says, *'Who are you? Where's my dad?'* And when I hear him say that, I know God has changed me!"

Carmelo kept insisting that his wife and daughter attend the next SOD Intensive, and when they were accepted, he drove them all the way to Illinois—

and then came back to pick them up. "He was also rebaptized at the end of the session because God had changed his life so dramatically!" Tena exclaims. "Our daughter got to sing 'I Surrender All' at his baptism, and that was a very special event for our family," Tena says.

Healing

"3ABN's School of Discipleship had a huge effect on me," says their daughter says their daughter Anaiah. "I made so many new friends. It lifted my spirits and gave me that change I needed. I never thought people could be so happy to share the gospel! We talked about that later, and we've had the most vibrant conversations. We are on fire, and we watch 3ABN together because of our thirst for God's Word.



Carmelo (left) shares his testimony just before Pastor James Rafferty (right) baptizes him.

"Growing up, it was hard for me to relate to my dad. But when he came back from 3ABN, we had something we could talk about. I feel more comfortable, and we can talk about ways to share the gospel. We laugh together, and it feels a lot closer than before. 3ABN is what God used to heal us and bring us together as we are now."

This beautiful story—and so many others like it—warm our hearts. Thank you for helping us change lives for eternity! ☺

A God-Given Tool

Jesus gave His disciples the Great Commission to “Go into all the world and preach the gospel to every creature” (Mark 16:15), and His followers have worked tirelessly to do that. 3ABN broadcasts in English, Spanish, Russian, and French over satellites, TV and radio stations, and the Internet, translating and dubbing important doctrinal programs into Mandarin, Arabic, and Hindi. But countless millions still need to hear the gospel in their native tongue.

Tools, or Trouble?

Advances in artificial intelligence (AI) have developed it into a powerful tool for translating and dubbing audio tracks, and we’ve done extensive research into its advantages and inherent dangers. “We realize that when some people hear the term ‘AI’ they get a bit concerned,” admits 3ABN President, Greg Morikone. “They think it’s dangerous technology—and it certainly can be if it’s used in the wrong way. But 3ABN has always been on the cutting edge of technology when it comes to spreading the gospel, and we believe this is a marvelous tool God has given us. We believe that as the world moves more swiftly into the End Times, we must do the same.

“AI technology allows us to translate programs quickly and efficiently into many more languages, and by assuring that *every word translated by AI is listened to by qualified people*, we make certain that the message is theologically sound and does not change from what was originally recorded.

“Another advantage is that AI greatly cuts down the time needed to translate an entire program with human translators—at only *one-seventh of the cost!* We’ve already seen the positive impact of programs dubbed into Hindi, Arabic, and Mandarin using human translators. But I believe that cannot compare to what will happen when we begin airing these AI-translated programs!

“We have already begun airing AI-translated versions of the *3ABN Sabbath School Panel* in both Spanish and Portuguese. We thank God for this technology, and although Satan will use it for evil, we will use it for the salvation of souls. Please ask Him if He would have you support this project, and thank you for all you do to spread this gospel message!”

Be sure to earmark
your donation

#361
Language
Translation

Baklazhanovie

RULETIKI

by Natalia Shmeleva

(EGGPLANT ROLLS)

INGREDIENTS

- 1 eggplant
- vegetable oil
- 3 oz walnuts,
- salt
- 4–5 garlic cloves
- chopped

DIRECTIONS

1. Cut eggplant (peeled or unpeeled) lengthwise into thin slices.
 2. Rub and press salt into each slice.
 3. Heat small amount of oil in frying pan and brown eggplant on both sides.
 4. Place on paper towel to absorb excess oil.
 5. Add pressed garlic and chopped walnuts to each slice, then roll them up.
- Serve warm or cold.



Natalia Shmeleva was an interpreter in 3ABN Russia’s early days and loves to share authentic Russian recipes.



For more great recipes visit 3ABNRecipes.org



Find this cooking video on [3ABNPlus.tv!](https://3ABNPlus.tv)

Just look for “*Recipes from Russia*” (RFR000008)



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