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3ABN WORLD MAGAZINE



GOING & GROWING PG4

Jason Bradley, 3ABN Dare to Dream Network General Manager

THEY CAME TO SERVE PG6

NEWS & EVENTS

4 Going & Growing 3ABN Dare to Dream is on a mission

6 SPECIAL FEATURE They Came to Serve 3ABN workers mark decades of service

8 3ABN TV SCHEDULE

12 Reaching Out

Dare to Dream is making a difference

HOW CAN I HELP?

15

14 *Expanding Our Prayer Line* New system will offer many advantages

> HEALTH HELP *Top Soil* How regeneration brings health

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Social media can keep us connected with family and friends—and we want to stay connected to you! It's also a great digital evangelism tool for sharing good news with the world.

Look for 3ABN on social media today!



Dear 3ABN Family,

Harvest for the local farmers is complete. The corn and soybeans are safely in storage or on their way to market, and the cold of winter has set its icy blanket over the farm fields around us.

Recently, Jill and I were on a drive through the beautiful windswept farmland of southern Illinois. As the road rose and fell over the little hills and valleys, and the fields whizzed past, something caught my eye in the field—a dry, old cornstalk. *How was this lone stalk of corn missed by the large harvesting equipment?* I wondered. *Why wasn't it run over? Maybe it was, and that's why it was leaning to the side...*

As we drove down the road, that lonely stalk of corn remained on my mind—the cold wind battling it fiercely, whipping its tattered leaves, threatening to break it down to the ground. But there it stood, an example of courage, hope, and resilience.

Sometimes it's hard to stand alone. We may feel like we're the only one standing for truth, principle, and conviction in that vast field called life. We may feel battered by the cold winds of... well, you fill in the blank!



The story of Elijah gives me courage. When he felt alone, God reminded him that He had reserved 7,000 Israelites whose knees had not bowed to Baal (1 Kings 19:18). God called Elijah to be a beacon of light for Him, and God has also called you to hold up the light of truth in this dark world.

Never compromise truth, no matter how strong the pressure. And thank you for standing with 3ABN as we continue to lift up Jesus Christ to a lost and dying world.

Greg Morikone 3ABN President

GOING & GROWING

by Bobby Davis

As a new year begins, there's an excitement in the air for all of us. What new opportunities will this year bring? What does God have in store for us?

Of course, we all live one moment at a time and, in a real way, we must rely on the Lord for direction and the faith to walk through the doors He opens for ministry. But a lot of thought is put into how to most effectively reach our audiences.

Take our 3ABN Dare to Dream Network, for example. When we joined general manager Jason Bradley in his office, he was in deep in thought, and this is what he shared with us.

UNDERSTANDING OUR AUDIENCE

"What I find myself doing on a regular basis is looking at the world around me and comparing it to the Bible," he begins. "It's easy to see that mankind has strayed far from God's ideal, and I keep asking myself why.

"It seems to me that for many, it's due to a lack of exposure to practical Christian principles, and I'm excited that Dare to Dream is finding new ways to expand our reach so we can share practical tools for living and the gospel of Jesus Christ with as many people as possible.

"Another reason they have strayed is that there's such a shift in society. There's been a lot of compromise as we venture further into a feelings-based society, rather than choosing to follow biblical principles. God created us with feelings and they have their place; but we can't allow them to dictate our behavior. Here at Dare to Dream we seek to produce programming that provides hope, love, peace, and encouragement by pointing to our loving, principle-oriented Savior, Jesus Christ."

NEW OPPORTUNITIES

When we asked Jason what exciting opportunities Dare to Dream is pursuing, he didn't hesitate. "We are taking the gospel around the world through the Internet," he

says, "but God has opened up two new opportunities. The first is FreeView Africa, a direct-to-home satellite service that includes Dare to Dream as part of their free-to-air package. They have a potential audience of 45 million homes in Nigeria and other West African nations! Using the Satview Network, West African viewers gain free access to our content by just purchasing the satellite dish and receiver, so there are no monthly fees. This opens a whole new avenue to spread the gospel to that part of the world, and it's exciting!

> "Another wonderful initiative is our Dare to Dream Prison Hard Drive program, where we load a special

device called the Interless box with over 3,900 customized programs designed with prisons in mind. This is going to be a game changer for the incarcerated, because although they're confined to a cell, their minds will be freed by learning the truth about Jesus Christ!

"The programs are played back over the prison's closed-circuit TV system and will help reduce the recidivism

rate by changing the decision-making process of those in custody. Clearly, they've made poor choices that have landed them in trouble, but now they can transcend those problems and begin living a life that glorifies God and is beneficial to those around them."

GOING AND GROWING

Jason says that, by God's grace, 3ABN's Dare to Dream Network is going and growing as fast and as far as possible in 2022. "We need the prayers of our viewers and supporters," he emphasizes, "because any time we do something for God, Satan puts up a fierce opposition. As our name implies, we're daring to dream big! We want to bring in as many people to God's Kingdom as possible. We're hard at work, developing programs that address every aspect of human life, whether it be related to health and wellness or resisting temptation. Some people struggle to study

the Bible, so we need programs that teach them optimal ways to approach Scripture study. And, of course, the devil is always seeking to destroy the family unit, so we are constantly developing programs that strengthen families, too.



RITA Reaching 45 million homes in West Africa

NIGERIA

"I want to thank our viewers for their prayers and financial support," Jason concludes. "And please consider sharing Dare to Dream with at least one person you know. If each person reading this would do that, we could expand at a rapid rate—and it's easy! If you want to participate in digital evangelism, just share a link to 3ABN's Dare to Dream YouTube Channel—YouTube.com/D2DNetworkTV. Thank you for everything you do in helping us reach the millions who live in urban areas around the world." ©

You can help reach men and women in custody with programs tailored for them! Just earmark your donation #420 D2D HARD DRIVES FOR PRISONS.

THEY CAME to Serve

hen God called Danny Shelton to build a television station that would reach the world, he couldn't imagine how to even begin. But God brought friends and family members to support his efforts, and many others along the way. Here are the employees who are celebrating 30 years or more of service with 3ABN this year.

Moses Primo worked as an engineer in Brazil for the largest television network in South America before moving to the United States. Then he worked for some of the largest stations in Boston, Massachusetts, until he left commercial television and come to 3ABN. Moses was instrumental in getting 3ABN on satellite around the world, and developed a large network of 3ABN TV stations. He engineered the network's transition to digital TV in high definition, and then developed the mySDAtv and Interless boxes which provide 3ABN and many other Adventist media ministries to viewers who have access to the Internet-as well as those who do not.



"I've learned to pray each day for God to show me His will," he says, "and then I don't worry, because He's always answered that prayer. I've also learned to trust that He's always right, and the past 31 years have been an amazing testimony to His faithfulness." *John Dinzey* was born in the Dominican Republic and as a young boy he longed to work for the Lord as a pastor. However, through a long and interesting journey, the Lord led him into a ministry of a different kind, instead.



After jobs in the Army, literature evangelism, and electronics, he was invited to visit 3ABN and accepted a position in Master Control. Later, 3ABN sent him to Puerto Rico to build a studio for their affiliate station, then placed him in their Engineering and Pastoral departments. However, the burden John felt for Spanish-language programming was building, and he finally asked Danny to consider a Spanish network. And in 2003, his dream came true and 3ABN Latino was born!

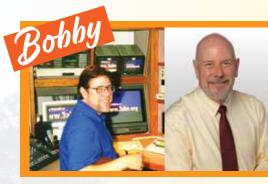
As the network's general manager, John has worked with church leaders throughout the Americas organizing huge evangelistic series that have baptized thousands of precious souls. He and his wife Idalia work tirelessly together on behalf of the nearly 620 million Spanish-speakers of the world.

"My experience shows me that God takes a personal interest in guiding our lives," he says. "My faith in God has definitely increased, because after hearing and seeing what has happened in this ministry, I cannot doubt that He is real. Jesus Christ is coming soon, and He is personally interested in everyone's salvation!"

Julia Outkina earned a PhD in Linguistics and worked as an English professor at a university in Nizhny Novgorod, Russia. Then, in 1992, she attended Pastor John Carter's evangelistic meetings and gave her heart to Jesus. As part of her commitment, to Christ, she let her church know that she'd be happy to help with translation if they ever needed her to, and two months later, she was asked to translate for Danny Shelton at a meeting with local church leaders about plans for a new Russian Evangelism Center. Danny was so impressed that he asked if she'd translate for his American construction supervisor, and she quickly agreed. "Since then, I've been the happiest person in the world," she says.



"Through my work as a translator, and later as the executive director of 3ABN Russia, I've learned that I can't trust my own estimation of my abilities. I doubted my administrative skills, and worried that many situations would be hard for me. But the Lord showed me that He would equip and lead me every step of the way. I'm thankful for this experience because it has given me a lot of opportunities to grow in the understanding of others and of myself. But most of all, I've learned to trust the Lord in every situation of my life." **Bobby Davis** came to us from Massachusetts, where he worked for 10 years in commercial television. He says that losing his job during the recession of 1991 and his 13-month period of unemployment taught him to trust God with all his needs.



In 1992, a phone call from Moses Primo brought him to 3ABN where he began working as a video editor. Later, he worked in programming and then as a producer for *3ABN Today* and other live events. In 2004, he became managing editor for *3ABN World* magazine, later adding voiceover work for the network and our 3ABN Radio Music Channel.

"I never dreamed I'd be working for the Lord," he says, "but it's been the best experience I could have ever hoped for. I'm humbled by the thought that God could have used any number of people who are better qualified to do what I do, but He chose me. He has given me the desires of my heart—and the best 30 years of my life!"

These are just a few of the many wonderful workers and volunteers who make up 3ABN's ministry—but none of this could happen without you. Thank you for all you do for the Lord and for His work, and we cannot wait for the happy day when all of us will see Jesus coming in the clouds of glory, knowing that we will all be together for eternity!

JANUARY 2022 | 3ABN TV SCHEDULE

PST -2 hours • MST -1 hour • EST +1 hour Red titles are changes effective this month. Image: Closed Captioned ♀ = Live Program ★ = New Series ♀ = Repeat of Live Program

СЅТ	SUNDAY	CST	MONDAY
2:00a	Pillars of Faith G 1hr	2:00a	Revelation of Hope C 1hr
3:00	Featured Ministries	3:00	3ABN Homecoming C 1hr
3:30	From Sickness to Health 🖸	4:00	Table Talk G 1hr
4:00	House Calls G 1hr	5:00	His Words Are Life/Grandma's House
5:00	Digital Disconnect 🖸	5:30	Cook:30 CC
5:30	Evolution Impossible	6:00	Body & Spirit 😋
6:00	Body & Spirit Aerobics 🖙	6:30	Pressing in to His Presence CC
6:30	Amazing Facts with Doug Batchelor		Tiny Tots for Jesus
7:00	Amazing Adventures 🖸 1hr	7:30	Bible Gems / Creation Crafts
8:00	3ABN Today 🖸 1hr		3ABN Today 1 hr
9:00	Your Favorites By Request		House Calls C 1hr
9:30	Adventures in Missions CC		Free Indeed CC
10:00	3ABN Sabbath School Panel C 1hr	10:30	Books of the Book C
	3ABN Worship Hour CC 1hr		3ABN Sabbath School Panel C 1hr
11:00			Behold the Lamb Presents G 1hr
	Live to Be Well		Off the Grid C
12:30	Billy Blackwood & Friends		Abundant Living 😋
1:00	Revelation's Ancient Discoveries < 1hr		Action 4 Life (Casio Jones)
2:00	Body & Spirit C		Heaven's Point of View
2:30	Tiny Tots Kitchen/Creation Is! Science		3ABN Today CO 1hr
3:00	3ABN Today LIVE < 2hrs		Kids Camp Kitchen Fun
5:00	The Carter Report 1 hr	4:30	Tiny Tots Kitchen/Tiny Tots Worship द्व
6:00	Jesus for Asia Now 🖸		ASAP Ministries <
6:30	Salvation in Symbols & Signs - Daniel		Your Favorites by Request
7:00	3ABN Sabbath School Panel 🕶 1hr		Country Wisdom 🔄
8:00	3ABN Today 🕶 1hr		Salvation in Symbols & Signs - Revelation
9:00	Three Cosmic Messages: Earth's Final Conflict 🥶 1hr		Unlocking Bible Prophecy C 1hr
10:00	Featured Ministries 🛥		3ABN Today CC 1hr
10:30	Lineage G		Spring Camp Meeting C 1hr
11:00	3ABN Today CC 1hr		The Carter Report C 1hr
	Secrets Unsealed Presents		3ABN Today CC 1hr
			The Carter Report C 1hr
1:00	Celebrating Life in Recovery C 1hr	1:00	ASI Conventions C 1hr



2:30 Mission TREK CC

4:00 New Perceptions C 1hr

5:30 Wonderfully Made CC

6:30 The Heavens Declare

7:00 Tiny Tots for Jesus CC

11:00 Featured Ministries

1:00 Digital Disconnect

1:30 Cook:30 CC

2:00 Body & Spirit CC

3:00 3ABN Today CC 1hr

4:30 The Creation Case CC

6:00 Mission 360 CC

8:00 3ABN Today CC 1hr

5:00 Evolution Impossible CC

11:30 Exalting His Word CC

10:00 Piano Praise CC

3:30 Authentic CC

Through the Watch these health tips throughout the day on 3ABN! Risë Rafferty, M.S., RDN **CST** WEDNESDAY 2:00a Kenneth Cox Ministries CC 1hr 3:00 Three Cosmic Messages: Earth's Final Conflict 3:00 Sanctuary, Salvation, & Our Savior C 4:00 Spring Camp Meeting C 1hr 5:00 White Horse Media 5:30 HeartLift CC 5:00 Salvation in Symbols & Signs - Revelation 6:00 Body & Spirit CC 6:30 It Is Written CC 6:00 Body & Spirit Aerobics CC 7:00 Amazing Facts with Doug Batchelor 7:30 It Is Written Canada CC 8:00 3ABN Today CC 1hr 7:30 Maranatha Mission Stories 🖸 9:00 Grace Pipeline C 8:00 3ABN Today LIVE < 2hrs 9:30 The Incomparable Jesus 🖸 10:30 Thunder in the Holy Land 10:00 3ABN Australia Homecoming C 1hr 11:00 The Carter Report C 1hr 12:00p Celebrating Life in Recovery C 1hr 12:00p Revelation's Ancient Discoveries C 1hr 1:00 Lineage CC 1:30 Abundant Living CC 2:00 Action 4 Life GG 2:30 Perfecting Me 2:30 Unshackled Purpose/Intimate Clarity C 3:00 3ABN Today CC 1hr 4:00 Sing Along / Bible Treasures 4:00 Bible Gems / Bible Buzz 4:30 Tiny Tots Kitchen/Tiny Tots Worship CC 5:00 3ABN Sabbath School Panel CC 1hr 5:30 Multitude of Counselors 6:00 Sanctuary, Salvation, & Our Savior CC 6:30 Salvation in Symbols & Signs - Revelation CC 6:30 The Incomparable Jesus 7:00 A Sharper Focus 62 1hr 7:00 Secrets Unsealed Presents C 1hr 8:00 3ABN Today CC 1hr 9:00 Amazing Facts with Doug Batchelor 9:00 Behold the Lamb Presents C 1hr 9:30 Digital Disconnect CC

10:00 It Is Written

1:00 Lineage CC

10:30 Adventist World Radio CC

12:00a Unlocking Bible Prophecy < 1hr

11:00 3ABN Today CC 1hr

- 10:00 Amazing Facts with Doug Batchelor
- 10:30 The Creator Revealed GG
- 11:00 3ABN Today CC 1hr
- 12:00a Raw Questions Relevant Answers/Intimate Clarity CC
- 12:30 Jesus For Asia Now CC
- 1:00 Adventures in Missions CC
- 1:30 The Creator Revealed

1:30 Unshackled Purpose/Raw Questions Relevant Answers

For the most up-to-date schedule for all the 3ABN networks, please visit 3ABN.tv

8

NEED PRAYER? CALL THE 3ABN PASTORAL PRAYER LINE AT 618-627-4651.



We're introducing kids to Jesus every day!

Scan the QR code with your smartphone to quickly donate to 3ABN with PayPal.

1:00 Breath of Life CC

1:30 Thunder in the Holy Land



THURSDAY CST 2:00a Lavmen Ministries CC 2:30 Maranatha Mission Stories CC 3:00 Spring Camp Meeting C 1hr 4:00 The Carter Report C 1hr 5:00 Discover CC 1hr 6:00 Body & Spirit Aerobics 6:30 Jesus for Asia Now 7:00 Kids Camp Kitchen Fun 7:30 Tiny Tots Kitchen / Tiny Tots Worship 8:00 3ABN Today CC 1hr 9:00 ASI Conventions CC 1hr 10:00 From Sickness to Health CC 10:30 Mission Trek 11:00 God's Last Message to the World C 1hr 12:00p Ultimate Prescription CC 12:30 Multitude of Counselors CC 1:00 The Heavens Declare 1:30 Amazing Facts with Doug Batchelor 2:00 Body & Spirit 🖾 2:30 Contending for the Faith CC 3:00 3ABN Today CC 1hr 4:00 Creation Crafts / Creation Is! Science 4:30 The Creation Case CC 5:00 3ABN Homecomina C 1hr 6:00 The Carter Report C 1hr 7:00 Sabbath School Study Hour C 1hr 8:00 3ABN Today LIVE 9 2hrs 10:00 Kenneth Cox Ministries CC 1hr 11:00 3ABN Today C 1hr

- 12:00a Table Talk CC 1hr
- 1:00 3ABN Today LIVE < 2hrs

CST	FRIDAY		
3:00	Battles of Faith (3	
3:30	Live to Be Well		
4:00	Free Indeed CC		
4:30	Action 4 Life 🖸		
5:00	Sabbath School	Study Hour 1h r	
6:00	Body & Spirit 😋		
6:30	Contending for the	ne Faith 🖾	
7:00	Amazing Adventures C 1hr		
8:00	3ABN Today C 1hr		
9:00	Optimize 4 Life	3 1hr	
9:30	Cook:30		
10:00	Secrets to Wellne	ess 🖸	
10:30	Life After Choice	/ Divine Design द	
11:00	Thompsonville W	/orship Hour 1h r	
12:00p	Daniel All Access	s 😋 1hr	
1:00	Behold the Lamb) Presents 😋 1hr	
2:00	Billy Blackwood	& Friends 🖸	
2:30	HeartLift 🖸		
3:00	3ABN Today 😋	1hr	
4:00	A Day With the K	ing 🖸	
4:30	Sing Along / Bibl	e Treasures 🖸	
5:00	Featured Ministr	ies 🖸	
5:30	Your Favorites B	y Request 🖸	
6:00	Jesus for Asia N	ow 🖸	
6:30	Salvation in Symbo	ols & Signs - Revelation 😋	
7:00	3ABN Sabbath S	school Panel 1 hr	
		nily Worship 1h r	
9:00	It is Written 🖸		
9:30	Maranatha Missi	ion Stories 🚾	
10:00	Mission 360 CC		
10:30	Hope in Motion /	Pause to Pray 🖸	
11:00	3ABN Today Fan	nily Worship 1hr	
12:00a	ASI Conventions	CC 1hr	



2:00a	Praise! G
2:30	It Is Written CO
3:00	Daniel All Access 1h r
4:00	Revelation Now 1 hr
5:00	Revelation Insights C 1hr
6:00	Amazing Facts with Doug Batchelor <
6:30	Tiny Tots for Jesus 🕰
7:00	Bible Gems / Bible Buzz
7:30	Sing Along / Bible Treasures 😋
8:00	3ABN Today 😋 1hr
9:00	3ABN Sabbath School Panel C 1hr
10:00	3ABN Worship Hour C9 1hr
11:00	Three Cosmic Messages: Earth's Final Conflict
12:00p	Sabbath School Study Hour 1h r
1:00	New Perceptions C 1hr
2:00	Kids Praise Too! G
2:30	Adventist World Radio
3:00	3ABN Today 😋 1hr
4:00	Maranatha Mission Stories 😋
4:30	Hope in Motion / Pause to Pray CG
5:00	Breath of Life 🖸
5:30	Authentic 🖸
6:00	Laymen Ministries G
6:30	Unshackled Purpose/Raw Questions Relevant Answers
7:00	Spring Camp Meeting 1hr
8:00	3ABN Today 1 hr
9:00	White Horse Media
9:30	Salvation in Symbols and Signs - Daniel ⊂
10:00	Table Talk 1h r
11:00	3ABN Today CO 1hr
12:00a	Discover 1h r
1:00	Anchors of Truth 1 hr



A charitable heart longs to find a way to spread the gospel of Jesus Christ, and as partners, we can expand God's Kingdom while bringing salvation and eternal life to thousands of souls who are searching for Jesus.

Regardless of where you created your document, please consider adding 3ABN as a beneficiary to your estate planning, IRA account, trust, or will.

Our friendly staff can help you set up a Charitable Gift Annuity, Revocable Trust Agreement, Revocable Cash Trust, or a Charitable Remainder Unitrust.

Just call us Monday through Thursday at 800-886-4800 or email trustservices@3abn.org.



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are to Dream Network has been a powerful tool in God's hands to not only reach a mostly urban audience, but also attend specifically to their needs. Every day we receive emails, letters, and social media comments and messages that indicate that lives are being changed and souls are being won to God's Kingdom through the Christ-centered programming of this powerful television network.

Just look at some of the comments and responses we receive:

Sister Sam wrote us saying, "I live in Canada and attend the Ruth Seventh-day Adventist Church in Brampton, Ontario. I was in a dark place in my life. I was very sick, could hardly walk, and my left hand was lifeless. I also struggled with excruciating pain that caused me to end up in various hospitals.

"After enduring sleepless nights for years, the Holy Spirit lead me to Dare to Dream Network in 2017. When I realized it was a Seventh-day Adventist channel I got super excited and started smiling. I began to watch your informative, inspiring, and empowering programs non-stop for hours. Then I started taking notes on sermons I watched and became familiar with everyone on Dare to Dream. "The more I watched, the more I felt the glory and inspiration of God. My health issues started to improve! I didn't know about the inspired writings of Ellen G. White, the three angels' messages of Revelation 14, or the Sanctuary message. I didn't understand the prophetic books of Daniel and Revelation. But through Dare to Dream, the Holy Spirit started teaching me many things, and I started to read God's Holy Bible from Genesis to Revelation.

"I prayed without ceasing and the character of God was displayed to me on Dare to Dream. Then the church I attend held a world-wide event called Pastors of Prayer and Praise United In Christ Jesus, where pastors from around the world participated in a time of reflection, preaching, and prayer. "Dare to Dream Network is reaching lives around the world, and their mission, from my standpoint, is a mission without borders. God has really inspired this network to reach His people. I always share Dare to Dream on social media so others can enjoy the powerful programs, too. They continue to bless, educate, and enrich my soul with the true Word of God. It's my right and leaves me wanting more. Will definitely be sharing with others. Thank you, Pastors [James] Rafferty and [Ivor] Myers."

Cesar wrote about our program called, *From Sickness to Health*, saying, "Thank you for this video. Its message is absolutely helping me today. May the good Lord bless you and your works."

"My friend introduced me to this site because she was so excited about it. I can see why."

favorite network! I have a grateful heart of thanks for all who have helped to change my life with these inspiring programs."

ENCOURAGING COMMENTS

Comments from our viewers on You-Tube postings and other social media brighten up our day. Here are a few of the comments we've recently received:

Sophia wrote this concerning our program, *Salvation in Symbols & Signs:* "I was brought up in a Seventh-day Adventist church that taught about the Sanctuary and Revelation, but never so clearly."

Another viewer watched the series on YouTube and sent us this comment: "I'm loving this. My friend introduced me to this site because she was so excited about it. I can see why. I love the analogies—the Book of Revelation being a love story, and the Day of Atonement (At-One-Ment) The program length of 28 minutes is just And finally, Gretchen takes the time to write, "I thank God for all of you. Revelation has always been like a horror story to me from the way I've been taught. Now I'm on my second time listening to this series. I never knew this was a love story and that Jesus loves me so much. This has completely changed my life! I have become a Seventh-day Adventist and am now keeping the Sabbath holy! I just appreciate you all taking the time to share the true meaning of this book. God bless you all."

Your prayers on behalf of 3ABN's Dare to Dream Network and your faithful financial support make it possible for us to continue growing, going, and reaching out to millions who are waiting to hear the powerful truths of the Bible, as well as the practical tools for Christian living that make such a difference in their lives.. S



Tell us your story! Email: 3abnworld@3abn.org Write: 3ABN WORLD MAGAZINE PO BOX 220 West Frankfort IL 62896



Expanding Our Prayer Line

Our present phone system was installed in 2014 and has served us faithfully. However, technology has advanced to the point where there are many advantages to a new system. We spoke with Moses Primo, 3ABN's Director of Broadcasting and Engineering, and he told us that our current phone system has reached the limits of what it can provide, so we're switching to a more advanced system.

"We purchased our phone system eight years ago," he says, "but it's an analog system that is discontinued now, so we're switching to digital VoIP (Voice over Internet Protocol). A huge advance will be the way this system allows us to transfer prayer line calls to volunteer pastors in every time zone, allowing for callers to speak with someone at any time of the day or night," Moses says.

"We will also gain the ability to do video conferencing with our workers, whether in Russia, Australia, or any other location, without hiring outside video conferencing companies. This will greatly help with meetings and communication both in the U.S. and in our other production centers overseas.

"Then there's the capability to make and receive calls when we're off-campus while working from home or while traveling, and the ability to call or text other workers at 3ABN offices in Russia, Australia, or anywhere else in the world with no long-distance charges. It will even allow us to see when someone is busy on a call, or is out of their office. And all this will cost very near to the same amount as we currently pay," he concludes.

We praise God for the advances in technology that help us reach and provide encouragement and prayer to even more souls. Surely the Lord has blessed tremendously, and we thank you for your faithful financial support and prayers that make these tools possible.



TOP SO By Risë Rafferty

t just makes sense that knowing what man was made out of would provide the information to best guide us in optimally maintaining and sustaining human life. Scripture enlightens us that, "The Lord God formed man of the dust of the ground." Genesis 2:7.

Soil is bio-diverse. It contains minerals, organic matter, air, water, and living organisms. Like the human body, we know that soil can be depleted, lacking nutrients and essential organism populations. So to be healthy, soil needs to be regenerated.

Tilling fertilizers into the soil, like taking vitamins and other supplements, has its place; but it's not regeneration. Regeneration of the soil requires, and therefore must include, the rehabilitation of its damaged microbial world—the microbiome. An unhealthy soil microbiome results in dependency on man-made medications such as pesticides and herbicides, which often further impair the microbiome of the soil. A flourishing microbiome wards off pathogens and keeps harmful pests under control. It supports vibrant soil in multiple ways, which in turn strengthens crop health.

It is the same with us. The thin layer of microbes that reside in the lining of our intestinal tract is our top soil. The influence of the gut microbiome is not limited to the gut. I doubt there is a facet of our physiology that is not impacted by the gut microbiome in one way or another. Our microbial world is dynamically involved not only in digestion, but in immune function, neurological communication, hormone balance, and even mental health. Just like the soil, a flourishing gut microbiome can ward off sickness and disease.

The decimation of top soil is occurring in terra firma and the large intestine, alike. Changes in the quantity and quality of bacteria and other microbes in our guts is, in essence, the erosion of our internal top soil. These changes have been associated with increased inflammation, tissue damage, lack of energy, and disease.

There are several factors that can play a role in eroding our microbial world. An important one is our way of eating and drinking. Thankfully, soil does not exist in a fixed state, and neither do we.

As important as the microbiome is, the most essential ingredient from which man was formed is the last one mentioned in Genesis 2:7. "And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life."

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