June 2020 Visit us online at 3ABN.tv

australia

G

We're Ready

3ABN

FRONT (L to R): Rosemary Malkiewycz, Asst. to General Manager John Malkiewycz, General Manager BACK (L to R): Kyle Serra, Radio; Elizabeth Serra, Reception Ben Cunningham, Production; Joel Ridgeway, Production Peter Thomas, Audio; James Hope, Production/IT

NEW SERIES: THREE COSMIC MESSAGES PG6

4 We're Ready! 3ABN Australia is moving forward!

6 SPECIAL FEATURE Three Cosmic Messages New series with Pastor Mark Finley

8 3ABN TV SCHEDULE

12 Working Together Blessing and being blessed

14 *Timing Is Everything* Lessons from a disaster

15 Vegan Carrot Kheer By Padmaja Medidi

Vol. 15 #17 June 2020

Executive Editor: Jill Morikone Managing Editor: Bobby Davis Creative Director: Adam Dean Graphic Designers: Janelle Owen, Svetlana Christian Photographer: Svetlana Christian Proofreaders: Lynette Jaque, Mitch Owen, J.D. Quinn

3ABN World is a monthly publication. Subscriptions are free and available in the United States. Overseas subscriptions by request. ISSN 1552-4140

Subscriptions & Feedback

To subscribe, change your subscription, or send us feedback please contact us in the following ways: By phone: 618-627-4651 Sun-Fri 8:00 a.m.-11:00 p.m. (CT) By mail: 3ABN Call Center / Attn: Subscriber Services / Feedback, P.O. Box 220, West Frankfort, IL 62896-0220 By email: 3abnworld@3abn.org or online at 3ABN.tv Copyright © 2020, Three Angels Broadcasting Network, Inc. Three Angels Broadcasting Network (3ABN) is a 501(c)(3) nonprofit company. 3ABN is not owned by any person or organization, but is governed, instead, by a board of directors who work very hard behind the scenes to ensure we stay true to our mission and reach people of all cultures and backgrounds. The biblical truths presented on 3ABN are consistent with the teachings of the Seventh-day Adventist Church. All donations are tax-deductible in the United States. Scripture is taken from the New King James Version® unless otherwise noted. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved. All photos courtesy of Shutterstock.com unless otherwise noted. Cover Image: James Hope, Joel Ridgeway

618-627-4651 **■** Source © 3ABN.TV | 3ABNSTORE.COM



THESE VIDEOS WILL BLESS AND ENCOURAGE YOU!

YouTube

Watch all of these series on our YouTube channel. Just look for the playlists and be sure to share!



Dear 3ABN Family,

Loss—*loss is hard*, and it can be defined in so many ways: loss of life, loss of a job, loss of a home, car, freedom, plans, dreams, goals, life as we used to know it, even privileges we take for granted!

The COVID-19 virus has challenged and changed our world. The privileges and freedoms we took for granted are gone. Suddenly, we're discussing what is essential and non-essential; and social distancing is put in place. When someone sneezes, coughs, or shows any sign of sickness, they're looked upon by others with fear and trepidation. Whole states and countries are being locked down or ordered to stay at home and shelter-in-place. Anguish and fear grips many families when loved ones and friends are diagnosed with the COVID-19 virus—will they live or die?

So many questions are being asked, and seemingly, so few answers are given. What does the future hold for our families and our communities?

As reality begins to sink in, we were reminded again that God has 3ABN in this world for such a time as this. 3ABN's television, radio, and Internet broadcasts crisscross the entire globe twenty-four hours a day, bringing the light of truth, hope, and encouragement during these dark pandemic days. Our online statistics show an explosion of new viewers and a huge increase in the time they spend watching 3ABN. *Praise the Lord!*

There are many, many people looking for answers in the world, especially now. The Bible has the answers in our times of loss, stress, and pain. I count it an incredible privilege to be part of 3ABN's ministry at this time in earth's history, and I want to share with you the thank you letters, emails, and messages we're receiving from every part of the world. "Thank you for being my church when I cannot attend;" "Thank you for showing me the truth;" "Thank you for being my family, since I'm all alone;" "Thank you for providing hope in my despair;" "Thank you for being a pillar of consistency in my life, when everything else is falling apart."

Is there uncertainty? Yes, all around us. But is there also certainty? *Yes, in God's Word!* Thank you for helping 3ABN spread this good news to the world.

Greg Morikone 3ABN President

We're Kead

by Bobby Davis

The far-reaching effects of the COVID-19 coronavirus have changed our world as nothing else in recent history. But despite the best efforts of the enemy of souls, the work of the gospel marches forward! Recently, we asked 3ABN Australia general manager, John Malkiewycz and his wife Rosemary to tell us how the work is progressing at their headquarters in Morisset, New South Wales, and we quickly found that they're ready with new ways to share the gospel!

New Tracts

"Although social distancing has affected us all, we're excited about some new opportunities we'll soon have to share the good news with those about us," John begins. "We have just printed a brand new series of pocket-sized tracts, and they're ready for purchase now so they can be handed out just as soon as it's safe to do so," he beams.

Rosemary, 3ABN Australia's assistant to the general manager, explains that the tracts were written by Pastor Mike Browning, host and producer of *Let God Speak*, and Dr. Sven Östring, host of *Evolution Impossible*. "They're all based on Scripture, and they address topics that are important to people right now," she adds, pointing out the titles: "Why Do Bad Things Happen?" "5 Minutes After Death," "Paradise (Heaven)," "The Journey of a Lifetime (The Second Coming of Christ)," "Experiencing God's Presence Through Prayer," "Sabbath Peace in Our Time," "Fingerprints of God's Messiah," "Evolved or Designed?" "The Mark of the Beast," and "Who Is the Beast?"

Each tract has a QR code that can be scanned with a smartphone, connecting the reader to 3ABN Australia's website.

"We are truly living in the End Times and we must do all we can to warn the world's inhabitants of the battle for control of our minds and souls," John says. "We only have a short point of time to get these into the hands of people, so we are doing everything we can to be ready for their distribution."

New DVD Series

Another exciting project is the release of the *Evolution Impossible* series on DVD. This 3ABN Australia series currently airs both on the 3ABN and 3ABN International networks, and Rosemary says the program has proven to be incredibly popular. "In fact, we've received many orders even before we've completed airing the series!" she says. "It all started after a conversation John had with Dr. John Ashton, a research scientist



(L to R): John and Rosemary Malkiewycz, Pastor Mike Browning and Dr. Sven Östring hold up the new Insight tracts; Michael Harris records music for 3ABN Australia; and young people join the hosts of *Evolution Impossible*.

and 3ABN Australia Radio producer, who had written a book called *Evolution Impossible*. His book was meant to help young Adventist Christians who attended secular universities and were constantly challenged by professors who teach evolution."

John says that as he interviewed him on *3ABN Now*, he suddenly thought, *Why don't we do this as a TV series?* "He was delighted, and now the program has really taken off."

"Understanding that God is our Creator is the main message of the first angel of Revelation 14, who proclaims with a loud voice, 'Fear God and give glory to Him, for the hour of His judgment has come; and worship Him who made heaven and earth, the sea and springs of water."

New Podcast

3ABN Australia Radio podcasts have recently become very popular, too. "We now have 25 radio programs we produced or are making available in over 20 podcast directories, like Apple Podcast, Spotify, and others," John explains. "People can download and listen to them when they want, and we've had them available on Soundcloud for a while. But while they averaged 568 listens per month last year, they've suddenly become incredibly popular. Just in the last three weeks, we've seen nearly 4,000 downloads, and that's simply fantastic!"

Reaching Out Through VAST

3ABN International is now available to the entire country and surrounding islands through the Viewer Access Satellite Television (VAST) service, and John says that he has been getting recent reports from the pastor who looks after the Aboriginal work in Northern Australia saying that he's never seen such an interest in spiritual things, and that the population is watching 3ABN on VAST! "He just told us of a lady who is basically ready for baptism from watching 3ABN!" he exclaims.

"The Lord is surely coming soon, and we have much to do for Him. Please pray for 3ABN Australia, and know that we are praying for each of you!" S



3ABNAustralia.org.au



FOCUSING ON THE THREE ANGELS' MESSAGES

What, exactly, are the three angels' messages? What do they mean, and why are they important to us today? Since the early days, the three angels' messages of Revelation 14 have been central to the Seventh-day Adventist Church's teaching on End Time events before the Second Coming of Christ. But when we spoke with Dan Houghton, president of Hart Research, he told us that disturbing questions had surfaced among members of the Adventist-laymen's Services and Industry (ASI) ministry a few years ago.

"We began talking with Adventist academy and college students—as well as Adventist adults—and we found that although they were familiar with the three angels' messages, they didn't have much understanding about them," he says. "In fact, we came to the startling conclusion that we'd lost two generations of Seventh-day Adventists who today don't really know what the three angels' messages are about!

"As we began to wrestle with this fact, we came up with the idea of producing posters depicting each of the three angels' messages, and then placing them in every Seventh-day Adventist church school classroom throughout North America. We also hired staff to create a ten-day module to fit into the curriculum used in Bible, social studies, and English classes. That project is nearly completed, and we will provide them to all our North American Division Adventist schools for the 2020-2021 school year!"

Discover the Messages

Dan explains that the second track was to create a way to help people discover the three angels' messages for themselves, and easily share them with others.

"My friend, Pastor Mark Finley, and I spent almost a month and a half together brainstorming for an hour-and-a-half each day as we walked," he says. "First, he wrote 13 new messages we turned into sermon scripts and PowerPoint graphics, making it possible for any pastor or layperson to use—similar to ASI'S *New Beginnings* series. In addition, they were put into a companion book, and we created a series of simple study guides that can be downloaded by individuals, or used as part of a discussion group. We also decided to record the sermons so people can watch or show them and have discussions afterwards." (L to R): Hart Research Center President, Dan and Karen Houghton; General Conference President, Elder Ted and Nancy Wilson; Pastor Mark Finley; 3ABN President and Vice President, Greg and Jill Morikone.

Through Media Outreach

When Dan approached



Mark Finley's series on the Three Angel's Messages airs this month on 3ABN!

Greg and Jill Morikone about recording the programs at 3ABN, they were enthusiastic. "Jill suggested we partner on the video production," he says, "and we ultimately decided to make it a co-production where 3ABN will have unlimited ability to show it on air while we own the production and utilize it in different ways, like airing it on TV around the world dubbed into many languages.

"The COVID-19 restrictions had just started in some big cities when we arrived. But Pastor Finley preached his heart out, and just three days later, we finished the last sermon, recorded a *3ABN Today* program, and left for the airport. I have no doubt the Lord held back the more serious restrictions until we got back home!

"We were blessed to have Charles Haugabrooks sing an appeal song on every program," Dan adds. "We were also blessed to have Mark Bond as our art director on this project, overseeing five designers who created nearly 1,300 stunning graphics. He also worked with 3ABN's Rodney Laney on the LED wall backdrop, and I want to underscore my

appreciation for 3ABN, because the technical expertise they brought made this a stellar production."

Worldwide Distribution

Hart Research is working with the General Conference of Seventh-day Adventists and all its world Divisions, and

Dan says there's an unprecedented enthusiasm among church leaders. "I believe this project shows the laity coming together with the Church to accomplish our Great Commission, and we hope this will be the 'priming of the pump' that will get the three angels' messages back to front and center in the Seventh-day Adventist movement."

Pastor Finley is also enthusiastic. "Personally, I'm very excited about what the *Three Cosmic Messages* series can do in our world," he says. "We believe the Holy Spirit has been with us throughout this project, and we look forward to what He will do with it in the future."

3ABN president, Greg Morikone, shares his enthusiasm. "We are privileged to partner with Pastor Finley and Hart Research to bring this incredible project to the world!" he says. "We believe in the three angels' messages, and we know that God has used Pastor Mark to share them with conviction, clarity, and compassion. We look forward to many souls being won to Jesus as a result of this production!" S

"This project shows the laity coming together with the Church to accomplish our Great Commission."

JUNE 2020 | 3ABN TV SCHEDULE

PDT -2 hours • MDT -1 hour • EDT +1 hour Red titles are changes effective this month. Image: Closed Captioned ♀ = Live Program ★ = New Series ♀ = Repeat of Live Program

CDT	SUNDAY	CDT	MONDAY
2:00a	Pillars of Faith 🖸 1hr	2:00a	Revelation of Hope C 1hr
3:00	Featured Ministries	3:00	3ABN Homecoming G 1hr
3:30	From Sickness to Health 😋	4:00	Table Talk 🖸 1hr
4:00	House Calls 🖸 1hr	5:00	His Words Are Life/Grandma's House
5:00	The Incomparable Jesus 🛥		Cook:30 CC
5:30	Evolution Impossible	6:00	Body & Spirit C
6:00	Body & Spirit Aerobics 😋		Pressing in to His Presence G
6:30	Amazing Facts with Doug Batchelor	7:00	Tiny Tots for Jesus C
7:00	Amazing Adventures < 1hr		Bible Gems / Creation Crafts CC
8:00	3ABN Today 💶 1hr		3ABN Today CC 1hr
9:00	Your Favorites By Request		House Calls C 1hr
9:30	Adventures in Missions CC		Free Indeed CC
10:00	3ABN Sabbath School Panel 1 hr		Books of the Book C
11:00	3ABN Worship Hour 🖸 1hr		3ABN Sabbath School Panel C 1hr Behold the Lamb Presents C 1hr
	Secrets to Wellness	•	Off the Grid CG
	Piano Praise 🖸		Abundant Living CC
1:00	Revelation's Ancient Discoveries <		Action 4 Life (Casio Jones)
	Body & Spirit CC		Heaven's Point of View CC
2:30	Tiny Tots Kitchen/Tiny Tots Worship		3ABN Today 🖸 1hr
3:00	3ABN Today LIVE Q 2hrs	4:00	Kids Camp Kitchen Fun
5:00	The Carter Report CO 1hr	4:30	Tiny Tots Kitchen/Tiny Tots Worship 😋
6:00	Raw Questions/Intimate Clarity C	5:00	Liberty Insider 😋
6:30	Salvation in Symbols & Signs - Daniel	5:30	Your Favorites by Request
7:00	3ABN Sabbath School Panel CC 1hr	6:00	Grace Pipeline G
8:00	3ABN Today CC 1hr	6:30	Salvation in Symbols & Signs - Revelation
9:00	Focus on God's Word CO 1hr	7:00	Three Cosmic Messages: Earth's Final Conflict ★ 💶
	Featured Ministries	8:00	3ABN Today C 1hr
		9:00	Spring Camp Meeting CG 1hr
		10:00	The Carter Report 1 hr
11:00	3ABN Today C 1hr	11:00	3ABN Today 🖸 1hr
	Secrets Unsealed Presents C 1hr	12:00a	The Carter Report 🖸 1hr
1:00	Celebrating Life in Recovery C 1hr	1:00	ASI Conventions CC 1hr



CDT TUESDAY **CDT** WEDNESDAY 2:00a Optimize 4 Life 🖾 2:30 Mission TREK 3:00 Melody From My Heart CC 3:30 Sanctuary, Salvation, & Our Savior CC 4:00 New Perceptions C 1hr 5:00 Salvation in Symbols & Signs - Revelation 5:30 Wonderfully Made CC 6:00 Body & Spirit Aerobics CC 6:30 The Heavens Declare 🖸 7:00 Tiny Tots for Jesus 7:30 Maranatha Mission Stories CC 8:00 3ABN Today LIVE < 2hrs 10:00 Pressing in to His Presence 10:30 Thunder in the Holy Land CC 11:00 Featured Ministries 11:30 Books of the Book CC 12:00p Revelation's Ancient Discoveries CC 1hr 1:00 Your Favorites by Request CC 1:30 Cook:30 CC 2:00 Body & Spirit CC 2:30 HeartLift CC 3:00 3ABN Today CC 1hr 4:00 Bible Gems / Bible Buzz 4:30 The Creation Case CC 5:00 From Sickness to Health CC 5:30 Multitude of Counselors CC 6:00 Mission 360 CC 6:30 Salvation in Symbols & Signs - Revelation 7:00 Secrets Unsealed Presents C 1hr 8:00 3ABN Today CC 1hr 9:00 Behold the Lamb Presents C 1hr 10:00 Amazing Facts with Doug Batchelor CC 10:30 The Creator Revealed 11:00 3ABN Today CC 1hr 12:00a Raw Questions/Intimate Clarity CC 12:30 Exalting His Word CC 1:00 Adventures in Missions CC 1:30 The Creator Revealed

100 Days of Prayer / This is 3ABN Podcast

Draw very close to God through soothing music and the prayers of your 3ABN family. A new prayer topic every day! Subscribe at 3ABN.TV

2:00a	Kenneth Cox Ministries 1 hr
3:00	Three Cosmic Messages: Earth's Final Conflict ★ 🗺
4:00	Spring Camp Meeting C 1hr
5:00	Praise CC
5:30	Adventist World Radio <
6:00	Body & Spirit CG
6:30	It Is Written 🖼
7:00	Amazing Facts with Doug Batchelor <
7:30	It Is Written Canada C
8:00	3ABN Today CO 1hr
9:00	Remodeling Your Life 😋
9:30	The Incomparable Jesus
10:00	3ABN Australia Homecoming 🛥 1hr
11:00	The Carter Report CG 1hr
12:00p	Celebrating Life in Recovery G 1hr
1:00	Issues and Answers CC
1:30	Abundant Living 🖸
2:00	Action 4 Life 😋
2:30	Perfecting Me
3:00	3ABN Today 🖸 1hr
4:00	Sing Along / Bible Treasures
4:30	Tiny Tots Kitchen/Tiny Tots Worship 🖾
5:00	3ABN Sabbath School Panel C 1hr
6:00	Sanctuary, Salvation, & Our Savior 🛥
6:30	Salvation in Symbols & Signs - Revelation
7:00	A Sharper Focus 🤣 1hr
8:00	3ABN Today CC 1hr
9:00	Amazing Facts with Doug Batchelor 😋
9:30	Evolution Impossible
10:00	It Is Written 🖸
	Liberty Insider C
11:00	3ABN Today 1h r
	A Sharper Focus O 1hr
	Lineage 😋
1:30	Life After Choice/Divine Design 🛥

For the most up-to-date schedule for all the 3ABN networks, please visit 3ABN.tv

8

NEED PRAYER? CALL THE 3ABN PASTORAL PRAYER LINE AT 618-627-4651.

NEW ON BABN.TV

HEE COSNIC MESSAGES **CDT** THURSDAY 2:00a Laymen Ministries 2:30 Maranatha Mission Stories CC 3:00 Spring Camp Meeting C 1hr The Carter Report C 1hr 4:00 5:00 Discover CC 1hr 6:00 Body & Spirit Aerobics 6:30 Jesus for Asia Now CC 7:00 Kids Camp Kitchen Fun 7:30 Tiny Tots Kitchen / Tiny Tots Worship CC 8:00 3ABN Today CC 1hr 9:00 ASI Conventions CC 1hr 10:00 From Sickness to Health CC 10:30 Mission TREK CC 11:00 Revelation of Hope CC 1hr 12:00p Ultimate Prescription CC 12:30 Multitude of Counselors 1:00 The Heavens Declare CC 1:30 Amazing Facts with Doug Batchelor 2:00 Body & Spirit CC 2:30 Contending for the Faith CC 3:00 3ABN Today CC 1hr 4:00 Creation Crafts / Bible Buzz 4:30 The Creation Case CC 5:00 3ABN Homecomina CC 1hr 6:00 The Carter Report C 1hr 7:00 Sabbath School Study Hour C 1hr 8:00 3ABN Today LIVE 62 2hrs 10:00 Kenneth Cox Ministries C 1hr 11:00 3ABN Today CC 1hr 12:00a Table Talk CC 1hr

1:00 3ABN Today LIVE < 2hrs

CDT FRIDAY 3:00 Action 4 Life CC 3:30 Heavens Point of View 4:00 Liberty Insider 4:30 Battles of Faith CC 5:00 Sabbath School Study Hour CC 1hr 6:00 Body & Spirit CC 6:30 Contending for the Faith GG 7:00 Amazing Adventures CC 1hr 8:00 3ABN Today CC 1hr 9:00 Optimize 4 Life CC 1hr 9:30 Cook:30 10:00 Health for a Lifetime CC 10:30 Life After Choice/Divine Design 11:00 Thompsonville Worship Hour C 1hr 12:00p Daniel All Access 🚾 1hr 1:00 Behold the Lamb Presents CC 1hr 2:00 Music CC 2:30 HeartLift CC 3:00 3ABN Today CC 1hr 4:00 A Day With the King 4:30 Sing Along / Bible Treasures 5:00 Featured Ministries CC 5:30 Piano Praise CC 6:00 Jesus for Asia Now 6:30 The Incomparable Jesus 7:00 3ABN Sabbath School Panel CC 1hr 8:00 3ABN Today Family Worship C 1hr 9:00 It is Written CC 9:30 Maranatha Mission Stories CC 10:00 Mission 360 CC 10:30 Hope in Motion/Praise Him Music Videos CC 11:00 3ABN Today Family Worship C Ihr 12:00a ASI Conventions CC 1hr 1:00 Breath of Life CC 1:30 Thunder in the Holy Land

Three Cosmic Messages, a new series with Pastor Mark Finley SATURDAY, JUNE 6

CDT SATURDA

2:00a Praise! 2:30 It Is Written 3:00 Daniel All Access 🖸 1hr 4:00 Revelation Now CC 1hr 5:00 Revelation Insights CG 1hr 6:00 Amazing Facts with Doug Batchelor 6:30 Tiny Tots for Jesus 7:00 Bible Gems / Bible Buzz CC 7:30 Sing Along / Bible Treasures 8:00 3ABN Today CC 1hr 9:00 3ABN Sabbath School Panel C 1hr 10:00 3ABN Worship Hour CG 1hr 11:00 Three Cosmic Messages: Earth's Final Conflict ★ 🖸 12:00p Sabbath School Study Hour C 1hr 1:00 New Perceptions C 1hr 2:00 Kids Praise Too! 2:30 Adventist World Radio 3:00 3ABN Today CC 1hr 4:00 Maranatha Mission Stories CC 4:30 Hope in Motion/Praise Him Music Videos 5:00 Sanctuary, Salvation, & Our Savior CC 5:30 Lineage 6:00 Laymen Ministries CC 6:30 Salvation in Symbols & Signs - Daniel 7:00 Spring Camp Meeting 1hr CC 8:00 3ABN Today CC 1hr 9:00 Breath of Life CC 1hr 9:30 Raw Questions / Intimate Clarity CC 10:00 Table Talk CC 1hr 11:00 3ABN Today CC 1hr 12:00a Discover CC 1hr 1:00 Anchors of Truth CC 1hr

What, exactly, are the three angels' messages? What do they mean and why are they urgently important to us today?

This series, with International Evangelist, Mark Finley, will open your eyes!

WATCH THE SERIES MONDAYS AT 7:00 PM WEDNESDAYS AT 3:00 AM SATURDAYS AT 11:00 AM

All times central

Music by Charles Haugabrooks





International Evangelist, Mark Finley

Working Together

ne of the most amazing paradoxes in God's Universe is that when we work to bless others, we are blessed, as well; and nowhere is that more evident than right here in 3ABN's ministry.

Althought COVID-19 continues to take its toll, we are constantly thinking of how we can bring hope to the hopeless, strengthen the faith of believers, and bring the Light of the World to those who are in spiritual darkness.

We are all blessed as we work together, and God's work moves forward with increasing speed-through the airwaves, through the printed word, and through music that inspires and touches hearts.

Meaningful letters and emails strengthen our resolve to keep moving forward in faith, cooperating with the Holy Spirit to win more souls for His kingdom!

Thank You for Truth

What a thrill it is to get so many letters like this one from Elizabeth in Idaho. She writes, "We appreciate all that you do to

accurately proclaim the gospel of Jesus Christ and the three angels' messages. Only God knows how many people have learned the truth about the Sabbath through your work. Personally, I had questions about it for many years. I wondered why the other church's teachings didn't line up with God's Word. So 3ABN was our church until we were welcomed into a local Adventist church. I find peace in the encouraging truths of God. The more I learn, the more I am determined to obey Him; and the more I obey, the greater the blessings. Praise the name of Jesus, our Lord and Savior!"

Winter Camp Meeting

Joyce, who is 90 years old and lives in Arizona, says, "Thank you so much for the Winter Camp Meeting in Loma Linda, California. I was so blessed by it, and I also loved seeing Dino! You are in my prayers every day."

Siony and Manny, from California, wrote to tell us how much they enjoyed attending in person. "We were fed with incredible spiritual food and blessings that will never be forgotten," they say. "The speakers were awesome, and the music was heavenly! Tim Parton and Kenny Shelton were such an encouragement, helping us focus on being ready for Jesus' return. I will never stop saying how much I love 3ABN!"

Dessa, who also lives in California, enjoyed watching from her retirement villa. She says, "My husband Barton and I were medical missionaries to the Philippines, but we've been retired now for many years. I wanted to tell you how much I enjoyed meeting all of you when you came to the Villa during your camp meeting. I have watched you so frequently that I felt like I knew each one of you personally! The programs were so good for us. Please come again."

Sabbath School Panel

Our weekly study of the Bible with our 3ABN Sabbath School Panel continues to bless many viewers and listeners who write us every day. Here's a note from Grace and Jennifer, who emailed us to say, "Thank you very much for discussing each week's lesson with such deep wisdom, clarity, and practicality. You are guided by the Holy Spirit, and we are truly blessed every time we listen. We appreciate you all!"

Sister Williams, in Dallas, Texas, writes, "May God's Word continue to go over the globe, blessing others as it has me. I thank you all for your 3ABN Sabbath School Panel study hour. When you come on, it helps me do my best!"

A viewer in Italy writes, "Thank you so much for your recent Sabbath School lesson. We are in Italy, and it happens that we cannot go to church anymore, since the government ordered all churches, schools, and public places to shut down. However, we are able to worship God together this Sabbath day! God bless us all. I wish I could send you screen shots of our gathering! Thank you again, and God bless."

Ministering to Prisoners

Thanks to your support, 3ABN is able to send Bibles and study materials to prisons all over this country-and they're making a difference! A dentist who works with prisoners in California recently sent us a letter, saying, "Thank you for the books and study guides for the federal prison in California. Your package arrived and the materials are in the hands of eager inmates. Omar, one of the inmates, has been a great leader and is conducting Bible studies. He is responsible for planting the seeds that led to the conversion of almost half a dozen men to the truth of the three angels' messages!"

Over the Radio

And finally, Betty, in Texas, writes, "Just a note to let you know how thankful I am that 3ABN now has a radio station affiliate. KETE 99.7 FM in Sulphur Bluff, Texas, about 12 miles from my home. I'm happy we have 3ABN so close! I know we're living in the last days, and it's good to have a Christian station so close by. Keep up the good work!" €

We love hearing from you!

Email: 3abnworld@3abn.org Write: 3ABN WORLD MAGAZINE, PO BOX 220, West Frankfort IL 62896

There is much more to do for our Lord, and many more souls to reach. Thank you for your many prayers and faithful financial support of this ministry. As we work together, we can reach the world!

TIMING IS EVERYTHING

by John Lomacang

cotland's Tay Bridge Disaster occurred on Sunday, December 28, 1879, during a violent storm that collapsed the bridge just as a train from Burntisland to Dundee passed over it. Wind gusts of up to 80 miles per hour had hammered the Tay Bridge until its structure yielded to the fierce, hurricane-like winds. Plunging into the bay below were the locomotive, five passenger carriages, a mail car, and a luggage car-claiming the lives of all onboard.

Weeks later, wreckage washed ashore, including mail bags. Letters that were intended to resolve relationship issues arrived too late, or not at all. Checks written to cover life's necessities were lost, leaving countless families in crisis. Sentimental possessions never reached their destination.

How different life would have been if the Tay Bridge Bay tragedy could have been averted. If the train had left before the storm, the passengers would have been spared, the precious cargo would have been delivered, and the letters and checks would have accomplished their intended deeds.

An Impact for Good

Timing is everything! Our world is still trying to cope with a great disaster—the timing of which we could not foresee. COVID-19 roused a sleeping world from complacency to reality. The impact was felt socially, politically, religiously, and financially. Another startling impact was the mandated "social distancing."

However, something amazing happened. Where people were cut off from basic necessities, the nation rose to the challenge. Food distributions were organized. People began to stand in the gap to see that needs were still being met; and as a result, many of the challenges of COVID-19 were reversed.

At this critical time of international recovery, 3ABN is appealing to you to also stand in the gap-to join us in the push to keep the gospel of Jesus Christ going to the world. We've received many calls and emails from our audience thanking us for staying the course, with safety measures in place. We've scaled back, in a conscious effort to weather the storm. Your financial gifts and prayers will prove a tremendous blessing, and together we can keep sharing the good news that we're seeing signs of the soon return of Jesus! He has promised us, "Give, and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with the same measure that you use, it will be measured back to you." Luke 6:38.

THANK YOU. in advance, for your timely support of your 3ABN family. God bless you.

CARROT KHEER DESSERT

by Padmaja Medidi

INGREDIENTS

- 1 cup of carrots, peeled and sliced
- 2 (13.5 oz) cans regular coconut milk
- ³/₄ to 1 cup brown sugar

DIRECTIONS

- 1. Steam carrots until soft.
- 2. Blend steamed carrots with ¹/₄ cup of water to form a paste.
- 3. Heat coconut milk in a pan for about 2 minutes, stirring constantly.
- 4. Add carrot paste and stir for about 5 minutes.
- 5. Add sugar and keep stirring until mixture cooks down to the consistency of pudding.
- 6. Add cardamom powder and nuts; stir for 1 minute.
- 7. Chill in refrigerator and serve cold.

- 1 tsp cardamom powder
- ¹/₂ cup of chopped roasted cashews, roasted almonds, or pistachios



According to webmd.com, a halfcup of carrots can give you up to:

- 73% of your daily requirement of vitamin A
- 9% of your daily vitamin K
- 8% of your daily potassium and fiber
- 5% of your daily vitamin C
- For more great recipes visit 3ABNRecipes.org
- Find this cooking video in our YouTube playlist, 3ABN Today Cooking Just look for "Authentic Indian Cuisine, Part 3" (TDYC190005)

3ABN RECIPES



3ABN Sabbath School Panel SUN 10 AM, 7 PM; MON 11 AM; WED 5 PM; FRI 7 PM; SAT 9 AM 3ABN Worship Hour SAT 10 AM; SUN 11 AM All times Central



PO Box 220 | 618-627-4651 West Frankfort, IL 62896 | 3ABN.tv

NONPROFIT ORGANIZATION U.S. POSTAGE PAID THREE ANGELS BROADCASTING NETWORK