

February 2020

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3ABN WORLD MAGAZINE

3ABN WINTER CAMP MEETING—
in California! PG 4
February 13-15, 2020



PG 6
NETWORK FEATURE
3ABN RADIO
CELEBRATES 20 YEARS

RECIPE: CAROB NUT BUTTER CUPS PG 15

NEWS & EVENTS

4 **3ABN Winter Camp Meeting**
—In California!
Join us in Loma Linda

SPECIAL FEATURE

6 **3ABN Radio Celebrates 20 Years**
Still going strong

8 **3ABN TV SCHEDULE**

CHANGED LIVES

12 **Blessed, Blessed, Blessed!**
The more we give, the more we receive

HOW CAN I HELP?

14 **Bibles for Prisoners**
Jesus wants to set them free

3ABN RECIPES

15 **Carob Nut Butter Cups**
By Heidi Thompkins & Ivan Raj



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February 2020

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PRESIDENT’S LETTER | Greg Morikone



Dear 3ABN Family,

Jill and I recently visited my parents in West Virginia. My sister flew in from California, and we spent a few wonderful days together, catching up and enjoying each other’s company. My 97-year-old grandfather, Lyle Hamel, lives next door to my parents, and when I visited him, he showed me pictures and mementos of years gone by. Grandpa Hamel has had a fascinating life. He was a pilot, a flight instructor, an educator, and a music teacher. He survived a blizzard while stuck in his car, traveled the world, and served in the Army during World War II.

My Grandpa Hamel has always stood for principle throughout his lifetime, even when it wasn’t the easiest thing to do. While in the Army, he bravely followed the Lord by keeping the Sabbath day holy; and, because of his faithfulness, the Lord worked things out in a marvelous way.

As I listened to my grandpa’s familiar voice, I was reminded of my deep family roots. I also realized the security I feel in knowing that my family loves and supports me. However, not all of us have that support. For many people, the word “family” means pain and sadness. But regardless of our family circumstances, we are all children of God. We have the same Heavenly Father, and we are on this earth for the purpose of sharing His love with others. That was the same purpose Jesus had while on this earth! He says, in Revelation 22:16, “I am the Root and the Offspring of David, the Bright and Morning Star,” and that means that in Him, we have the deepest Root of all.

What a blessing it is to belong to God’s family! Jill and I are eagerly looking forward to 3ABN’s Winter Camp Meeting in Loma Linda, California. Your 3ABN family will be there—and it just won’t be the same without you.

But even if you can’t make it to Winter Camp Meeting and we never meet on this earth, Jill and I *can’t wait* to see you in Heaven. You are *family* to us!



Greg and his Grandpa Hamel.

Greg Morikone
3ABN President

RAW QUESTIONS
RELEVANT ANSWERS



How can I tell if the mental promptings I experience when I’m thinking/praying through issues and decisions, are God’s voice or my own?

Is there such a thing as too many rules and over-thinking a relationship?

How can we maintain a heart and mind of purity in a society that seems to glorify instant gratification and “do what feels good” when it comes to relationship/sexuality choices?



RQRA addresses questions from young people.

Watch the series on our YouTube channel. Just look for the playlist and be sure to share the videos!

3ABN WINTER CAMP MEETING—

in California!

February 13-15, 2020

by Jill Morikone

Camp Meeting is a time to greet long-time friends and make new ones, to study God's Word and pray, to worship and praise together, and to experience the fullness of God's presence and power in a new way. Personally, I love 3ABN Camp Meeting because we have the opportunity to meet *you*, our 3ABN Family! What a joy it is to talk with you, to hear your stories, and to experience that unity spoken of by Jesus in John 17.

This year, due to the General Conference Session in June that will be held in Indianapolis, Indiana, our 3ABN team decided to hold our camp meeting earlier than usual. However, we couldn't invite you all to southern Illinois in mid-February, so thankfully, the Lord opened the doors for a 3ABN Winter Camp Meeting to be held at the Campus Hill Church of Seventh-day Adventists in Loma Linda, California. Senior pastor, Mark Etchell, along with the rest of his team, have opened their hearts and church for our broadcasts to take place and we are excited about what God is going to do!

A Timely Theme

Our theme is, "The Great Controversy: End-Time Deceptions." Ever since Satan rebelled in Heaven and brought sin and deception to Earth, humanity has experienced a conflict between the forces of good and evil, between Christ and Satan. As we near the end of time, we see Satan unveil specific deceptions that could confuse the strongest Christian, if it were possible. Our job as Seventh-day Adventist Christians is to study His Word and receive His Spirit so we can be prepared to share Jesus and His truth with others. After all, He has told us that if He is lifted up, He will draw all men to Himself. John 12:32.

A Powerful Weekend!

Please mark this special event on your calendars from February 13–15, 2020! We'd love to have you there in person, but, if not, you can still join us for the entire weekend, broadcast live on 3ABN!

Pastor Wintley Phipps will give our opening message on Thursday night, entitled, "The Battle for the Mind." Other messages will explore the importance of truth, the difference between Creation and Evolution, the truth of the State of the Dead, and the importance of remaining separate from Satan's deceptions. We'll also hear from Pastor Ivor Myers speaking about "The Sanctuary and the Image of the Beast," as well as sermons on the dangers of legalism, and how Christ can give us victory! (See the complete listing of speakers and times below).

Of course, a 3ABN Camp Meeting wouldn't be complete without music, and we will have anointed singers and musicians including Wintley Phipps, Reggie & Ladye Love Smith, Yolanda Palmer, Stephanie Dawn, Yvonne Shelton, Tim Parton, John Lomacang, and Ryan Day, among others. And what would fellowship be without food? Again, we will be blessed by Melody Prettyman Caviness and her team, who will be with us in California to prepare delicious vegetarian food—and all of it will be complimentary! Visit our website, 3ABNCampMeeting.org for more details. What better way to start the New Year than with a time of spiritual refreshing, revival, and reformation? Join us in sunny California for this wonderful weekend with Jesus and your 3ABN Family. ☺

THE GREAT CONTROVERSY END-TIME DECEPTIONS

BROADCAST SCHEDULE
ALL TIMES CENTRAL

THURSDAY, FEBRUARY 13, 2020

- 8:45 PM *Congregational Singing* - Tim Parton
- 9:00 PM *Welcome/Music Hour* - Danny Shelton
- 10:00 PM *The Battle for the Mind* - Wintley Phipps

FRIDAY, FEBRUARY 14, 2020

- 12:00 PM *Twisted Destruction* (2 Peter 3:16) - Jill Morikone
- 1:00 PM *Darwin vs. the Creator's Account* - Dr. Tim Standish
- 5:00 PM *Following Stars & Spirits* - John Lomacang
- 6:00 PM *The Rapture Ruse* - Kenny Shelton
- 8:45 PM *Congregational Singing* - Tim Parton
- 9:00 PM *Music Hour* - Danny Shelton
- 10:00 PM *The Sanctuary & the Image of the Beast* - Ivor Myers

SATURDAY, FEBRUARY 15, 2020

- 11:00 AM *Sabbath School Panel* - Jill Morikone
- 12:30 PM *Divine Service* - TBD
- 5:00 PM *Grace Plus* - Shelley Quinn
- 7:45 PM *Congregational Singing* - Tim Parton
- 8:00 PM *Music Hour* - Danny Shelton
- 9:00 PM *More Than Conquerors* - James Rafferty
- 10:00 PM *Camp Meeting Close* - Danny Shelton & 3ABN Family



An Opportunity to Help

The Campus Hill Church is passionate about feeding the needy in their area, so, when you come, please bring some non-perishable food items for the church's food pantry. It's a way to not only be spiritually fed, but to help others who are less fortunate.



3ABN Radio Celebrates 20 Years!

by Nikki Anderson

Twenty years! What a milestone! 3ABN Radio Network is celebrating its anniversary this month—twenty years and still going strong. Yes, we’re all still here, working for the Lord at 3ABN Radio: General Manager, Jay Christian; Engineer, Michael Babb; Production Assistant, Angela Lomacang; Production Assistant, Kevin Poling; and yours truly, Administrative Assistant and Affiliate Relations, Nikki Anderson.

More Music, New Programs

During this past year, we signed up some new affiliate stations, while other station owners signed up to carry 3ABN Radio Music Channel for part of their day. They really like offering their listeners an hour or two, here and there, of biblically correct lyrics they can understand, and music that isn’t going to blast their eardrums!

Melody Caviness was here cooking for both our spring and fall camp meetings, so I snagged her for a few new episodes of *Focus On Healthy Foods* (see ad on page 11). She has two new cookbooks and some yummy new recipes to share with our listeners!

Linda and Eddie Clark, from Fountain Valley Remedies, also joined us a few months ago to record a brand-new program called, *Natural Remedies for Good Health*. Linda is a certified herbalist and a living foods educator who trained at the Living Foods Institute, and Eddie is her “right hand,” shipping her products to her customers and helping her conduct seminars. We retired a long-standing home health program a few years ago, and have been searching for someone to host a new one with updated information. When we got into our new studios, the Clarks graciously accepted our invitation to record *Natural Remedies For Good Health*, which will launch on 3ABN Radio very soon! We have a few more program ideas in development, so please pray for God to lead us.

Happy—and Busy!

Angela is now equipped to edit and record programs both in-studio, and from remote locations. Our hosts use equipment we send them to make their voice sound studio quality over the phone. She also enjoys interviewing interesting guests who come to our studio, or over the telephone, for her *Crossroads On 3ABN Radio* program.

Kevin is busy with programs we get from outside sources, like *It Is Written*, and makes sure they’re the right length to fit our schedule. He also makes CD copies of programs our listeners order from the 3ABN Call Center, helps schedule promos into our logs, and can engineer or “run the board” when guests come here to record.

Michael, our 3ABN Radio Engineer, takes care of our local station, WDQN- FM, plus the network, *and* all our affiliates when they call with problems.

One local task Michael had to oversee last year was a much-needed upgrade to our full-power radio station here in Du Quoin, Illinois. The original incandescent tower light required two 620-watt bulbs, and had been working for over 60 years. But now, the old beacon rests in our 3ABN Radio engineering office as a piece of history, after being replaced by a new, more energy efficient LED lighting system.

Many of you might not be aware of this, but Jay, our 3ABN Radio Network General Manager, is also our Program Director and Production Manager. He edits programs, supervises the production of new programs, creates the logs, and schedules them to air each month. He also programs the 3ABN Radio Music Channel, *and* is always available for any of us when we have a question or need some direction with a problem.

And then there’s me. I’m the resident cheerleader and “go-fer!” I do whatever I can to help each of my co-workers get their work done and, generally, I keep them in paper and cartridges for their printers. In addition, I answer the phone, help affiliates when I can, find programs for listeners, and even write for the magazine to let y’all know what’s going on here at 3ABN Radio Network. We sure do appreciate your prayers and support, and we look forward to serving our Lord and our listeners for however long He wants us to be here! ☺



3ABN Radio engineer, Michael Babb, shows the old incandescent beacon recently replaced on WDQN’s tower.

3ABN TV SCHEDULE

PST -2 hours • MST -1 hour • EST +1 hour **Red titles are changes effective this month.**
CC = CLOSED CAPTIONED **L** = LIVE PROGRAM **★** = NEW SERIES **↻** = REPEAT OF LIVE PROGRAM

CST SUNDAY	
2:00a	Pillars of Faith CC 1hr
3:00	Featured Ministries CC
3:30	From Sickness to Health CC
4:00	House Calls CC 1hr
5:00	The Incomparable Jesus CC
5:30	Evolution Impossible ★ CC
6:00	Body & Spirit Aerobics CC
6:30	Amazing Facts with Doug Batchelor CC
7:00	Amazing Adventures CC 1hr
8:00	3ABN Today CC 1hr
9:00	Your Favorites By Request CC
9:30	Adventures in Missions CC
10:00	Focus on God's Word CC 1hr
11:00	Inspirational Hour CC 1hr
12:00p	Secrets to Wellness CC
12:30	Piano Praise CC
1:00	A Sharper Focus ↻ 1hr
2:00	Body & Spirit CC
2:30	Tiny Tots Kitchen/Tiny Tots Worship CC
3:00	3ABN Today LIVE ↻ 2hrs
5:00	The Carter Report CC 1hr
6:00	Raw Questions/Intimate Clarity CC
6:30	Salvation in Symbols & Signs CC
7:00	Sabbath School Panel CC 1hr
8:00	3ABN Today CC 1hr
9:00	Celebrating Life in Recovery CC 1hr
10:00	Featured Ministries CC
10:30	Lineage CC
11:00	3ABN Today CC 1hr
12:00a	Secrets Unsealed Presents CC 1hr
1:00	Celebrating Life in Recovery CC 1hr

CST MONDAY	
2:00a	Revelation of Hope CC 1hr
3:00	3ABN Homecoming CC 1hr
4:00	Table Talk CC 1hr
5:00	His Words Are Life/Grandma's House CC
5:30	Cook:30 CC
6:00	Body & Spirit CC
6:30	Pressing in to His Presence CC
7:00	Tiny Tots for Jesus CC
7:30	Bible Gems / Creation Crafts CC
8:00	3ABN Today CC 1hr
9:00	House Calls CC 1hr
10:00	Free Indeed CC
10:30	Books of the Book CC
11:00	Sabbath School Panel CC 1hr
12:00p	Behold the Lamb Presents CC 1hr
1:00	Off the Grid CC
1:30	Abundant Living CC
2:00	Action 4 Life (Casio Jones) CC
2:30	Heaven's Point of View CC
3:00	3ABN Today CC 1hr
4:00	Kids Camp Kitchen Fun CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	Liberty Insider CC
5:30	Your Favorites by Request CC
6:00	Grace Pipeline CC
6:30	Salvation in Symbols & Signs CC
7:00	Revelation's Ancient Discoveries CC 1hr
8:00	3ABN Today CC 1hr
9:00	Spring Camp Meeting CC 1hr
10:00	The Carter Report CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Multitude of Counselors
12:30	Music CC
1:00	ASI Conventions CC 1hr

NEW PROGRAM

EVOLUTION
IMPOSSIBLE

Wednesdays at 9:30 p.m.
and Sundays at 5:30 a.m.
Central



CST TUESDAY	
2:00a	Optimize 4 Life CC
2:30	Mission TREK CC
3:00	Melody From My Heart CC
3:30	Sanctuary, Salvation, & Our Savior CC
4:00	New Perceptions CC 1hr
5:00	Salvation in Symbols & Signs CC
5:30	Wonderfully Made CC
6:00	Body & Spirit Aerobics CC
6:30	The Heavens Declare CC
7:00	Tiny Tots for Jesus CC
7:30	Maranatha Mission Stories CC
8:00	3ABN Today LIVE ↻ 2hrs
10:00	Pressing in to His Presence CC
10:30	Thunder in the Holy Land CC
11:00	Featured Ministries CC
11:30	Books of the Book CC
12:00p	Anchors of Truth CC 1hr
1:00	Your Favorites by Request CC
1:30	Cook:30 CC
2:00	Body & Spirit CC
2:30	HeartLift CC
3:00	3ABN Today CC 1hr
4:00	Bible Gems / Bible Buzz CC
4:30	The Creation Case CC
5:00	From Sickness to Health CC
5:30	Multitude of Counselors CC
6:00	Mission 360 CC
6:30	Salvation in Symbols & Signs CC
7:00	Secrets Unsealed Presents CC 1hr
8:00	3ABN Today CC 1hr
9:00	Behold the Lamb Presents CC 1hr
10:00	Amazing Facts with Doug Batchelor CC
10:30	The Creator Revealed CC
11:00	3ABN Today CC 1hr
12:00a	Raw Questions/Intimate Clarity CC
12:30	Exalting His Word CC
1:00	Adventures in Missions CC
1:30	The Creator Revealed CC

CST WEDNESDAY	
2:00a	Celebrating Life in Recovery CC 1hr
3:00	Revelation's Ancient Discoveries CC 1hr
4:00	Spring Camp Meeting CC 1hr
5:00	Praise CC
5:30	Adventist World Radio CC
6:00	Body & Spirit CC
6:30	It Is Written CC
7:00	Amazing Facts with Doug Batchelor CC
7:30	It Is Written Canada CC
8:00	3ABN Today CC 1hr
9:00	Remodeling Your Life CC
9:30	The Incomparable Jesus CC
10:00	3ABN Australia Homecoming CC 1hr
11:00	Table Talk CC 1hr
12:00p	Kenneth Cox Ministries CC 1hr
1:00	Issues and Answers CC
1:30	Abundant Living CC
2:00	Action 4 Life CC
2:30	Perfecting Me CC
3:00	3ABN Today CC 1hr
4:00	Sing Along / Bible Treasures CC
4:30	Tiny Tots Kitchen/Tiny Tots Worship CC
5:00	Sabbath School Panel CC 1hr
6:00	Sanctuary, Salvation, & Our Savior CC
6:30	Salvation in Symbols & Signs
7:00	A Sharper Focus L 1hr
8:00	3ABN Today CC 1hr
9:00	Amazing Facts with Doug Batchelor CC
9:30	Evolution Impossible ★ CC
10:00	It Is Written CC
10:30	Liberty Insider CC
11:00	3ABN Today CC 1hr
12:00a	A Sharper Focus ↻ 1hr
1:00	Lineage CC
1:30	Life After Choice/Divine Design CC



CST THURSDAY

2:00a	Laymen Ministries CC
2:30	Maranatha Mission Stories CC
3:00	Spring Camp Meeting CC 1hr
4:00	Secrets Unsealed CC 1hr
5:00	Discover CC 1hr
6:00	Body & Spirit Aerobics CC
6:30	Jesus for Asia Now CC
7:00	Kids Camp Kitchen Fun CC
7:30	Tiny Tots Kitchen /Tiny Tots Worship CC
8:00	3ABN Today CC 1hr
9:00	ASI Conventions CC 1hr
10:00	From Sickness to Health CC
10:30	Mission TREK CC
11:00	Revelation of Hope CC 1hr
12:00p	Ultimate Prescription CC
12:30	Multitude of Counselors CC
1:00	The Heavens Declare CC
1:30	Amazing Facts with Doug Batchelor CC
2:00	Body & Spirit CC
2:30	Contending for the Faith CC
3:00	3ABN Today CC 1hr
4:00	Creation Crafts / Bible Buzz CC
4:30	The Creation Case CC
5:00	3ABN Homecoming CC 1hr
6:00	The Carter Report CC 1hr
7:00	Sabbath School Study Hour CC 1hr
8:00	3ABN Today LIVE 2hrs
10:00	Kenneth Cox Ministries CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Table Talk CC 1hr
1:00	3ABN Today LIVE 2hrs

CST FRIDAY

3:00	Action 4 Life CC
3:30	Heavens Point of View
4:00	Liberty Insider CC
4:30	Battles of Faith CC
5:00	Sabbath School Study Hour CC 1hr
6:00	Body & Spirit CC
6:30	Contending for the Faith CC
7:00	Amazing Adventures CC 1hr
8:00	3ABN Today CC 1hr
9:00	Optimize 4 Life CC 1hr
9:30	Cook:30
10:00	Health for a Lifetime CC
10:30	Life After Choice/Divine Design CC
11:00	Thompsonville Worship Hour CC 1hr
12:00p	Daniel All Access CC 1hr
1:00	Behold the Lamb Presents CC 1hr
2:00	Music CC
2:30	HeartLift CC
3:00	3ABN Today CC 1hr
4:00	A Day With the King CC
4:30	Sing Along / Bible Treasures CC
5:00	Featured Ministries CC
5:30	Piano Praise CC
6:00	Jesus for Asia Now CC
6:30	The Incomparable Jesus CC
7:00	Sabbath School Panel CC 1hr
8:00	3ABN Today Family Worship CC 1hr
9:00	It is Written CC
9:30	Maranatha Mission Stories CC
10:00	Mission 360 CC
10:30	Hope in Motion/Praise Him Music Videos CC
11:00	3ABN Today Family Worship CC 1hr
12:00a	ASI Conventions CC 1hr
1:00	Breath of Life CC
1:30	Thunder in the Holy Land CC

CST SATURDAY

2:00a	Praise! CC
2:30	It Is Written CC
3:00	Daniel All Access CC 1hr
4:00	Revelation Now CC 1hr
5:00	Revelation Insights CC 1hr
6:00	Amazing Facts with Doug Batchelor CC
6:30	Tiny Tots for Jesus CC
7:00	Bible Gems / Bible Buzz CC
7:30	Sing Along / Bible Treasures CC
8:00	3ABN Today CC 1hr
9:00	Sabbath School Panel CC 1hr
10:00	Revelation's Ancient Discoveries CC 1hr
11:00	Spring Camp Meeting CC 1hr
12:00p	Sabbath School Study Hour CC 1hr
1:00	New Perceptions CC 1hr
2:00	Kids Praise Too! CC
2:30	Adventist World Radio
3:00	3ABN Today CC 1hr
4:00	Maranatha Mission Stories CC
4:30	Hope in Motion/Praise Him Music Videos CC
5:00	Sanctuary, Salvation, & Our Savior CC
5:30	Lineage CC
6:00	Laymen Ministries CC
6:30	Salvation in Symbols & Signs CC
7:00	Table Talk 1hr CC
8:00	3ABN Today CC 1hr
9:00	Breath of Life CC 1hr
9:30	Raw Questions / Intimate Clarity CC
10:00	GYC CC 1hr
11:00	3ABN Today CC 1hr
12:00a	Discover CC 1hr
1:00	Anchors of Truth CC 1hr

NEW EPISODES COMING SOON ON 3ABN RADIO!

FOCUS ON
HEALTHY
FOODS

Looking for some new ways to improve your health this year?

Then why not try some simple and delicious recipes?

These tasty vegetarian dishes will delight your tastebuds and help you feel better, too.

TUNE IN AT 3ABNRADIO.ORG

Mondays 7:45 p.m.

Thursdays 7:45 a.m.

Fridays 3:15 a.m.

All times Central





Blessed, Blessed, Blessed!

by Bobby Davis

If there's a word that keeps coming up in the many hundreds of letters and emails we receive each month at this ministry, it has to be the word "blessed!" In fact, the Lord continues to add blessings on top of blessings to you—and to us, too. Just look at some of the comments and feedback we receive from our faithful supporters.

Blessed by 3ABN TV

Many of our new viewers and listeners write us to say how exciting it is to hear our messages of truth.

Robert in Illinois, writes, "I just started listening to 3ABN, and am being blessed like crazy! I'm looking forward to studying in my new Bible and giving God my tithe every month." We also received an email from Paula saying, "Recently, my antenna began picking up your channel, and I like your message so much more than the other church programming I used to watch. Thank you for spreading the gospel through honest, wholesome programming!"

Karen, a fairly new Seventh-day Adventist, watches 3ABN in North Carolina and writes, "I don't watch any television, except 3ABN. Thank you for always hav-

ing wonderful programs. You encourage and uplift me, spurring me to walk with Jesus, and to share Him with others."

Blessed by Bibles

Your generosity makes it possible for 3ABN to distribute thousands of Study Bibles to inmates who request them.

Ruben, in California, recently wrote to tell us how he felt when he received his copy. "Mere words are inadequate to express the depth of my appreciation for the rich treasure that is my new Bible," he says. "Praise God, I'm so excited!"

Blessed by 3ABN Radio

Casey, an inmate tells us how grateful he is for 3ABN Radio Network. "God is so good," he writes. "In my last letter I was without a radio, but now I have one, and I listen to all the great programs on your station. I am soon to be baptized, and I can't wait! I am excited to become a member of the Seventh-day Adventist family of God. Thank you to the 3ABN team. You are true weapons in God's army against Satan's evil."

Paul listens to 3ABN Radio in Wisconsin, and says he found 3ABN via a low-

power station run by a local Seventh-day Adventist church. "I received a mailing from that church," he says, "and I decided to attend their meetings. Right away I knew I was hearing the truth! I love my 3ABN family and I pray for you daily. You're all precious to me, and I feel like I'm part of the family!" Elizabeth, in Pennsylvania, adds, "Your music and messages are a blessing from God! I can tell He is leading your ministry. God has given you special talents, like the children of Israel, to give this sinful earth the good news of Jesus' redemption and soon return."

Blessed to Serve

Arnold, in the Philippines, shares that 3ABN has had a huge impact on his life, and has inspired him to serve others. "I am a regular viewer on YouTube, and am very

Adventist because of your ministry's programs," she says. "I don't have a church home yet, but will soon have one. Until then, please accept this gift."

Rachel, in California, writes, "I have just celebrated my 50th anniversary of being a baptized member of the Seventh-day Adventist Church. Please accept this, my most heartfelt gift to 3ABN, for the furtherance of the gospel. May God continue to bless our end-time gospel movement through the ministry of 3ABN."

Blessed, Blessed, Blessed!

Lives are being changed every day as the Lord continues to bless 3ABN's ministry. And, in ways only He could devise, we are all blessed as we bless each other. It's simply how God set up His Universe, and there's no way to exhaust those endless blessings.

**"I just started listening to 3ABN,
and am being *blessed like crazy!*"**

blessed," he says. "Under inspiration from 3ABN and other Seventh-day Adventist ministries, I'm studying to become a minister of the gospel."

An inmate who listens to 3ABN Radio in a prison in the Midwest, is busy passing along what he is learning. He writes, "I am holding Bible studies in my housing unit once a week and a nightly prayer circle that between six and eight men regularly attend. I want to do all I can to show Christ's love to all people. Please pray for me through this journey."

Others are passing along their blessings through their financial support. Elizabeth in Texas, writes, "I became a Seventh-day

Thank you for thinking of us. Thank you for praying for us. Thank you for joining us in this, the most important work any human being can do—reaching out to the lost and lonely, bringing comfort, spiritual food, and love to every child of God. *You are 3ABN*, and your prayers and financial support make all the difference! ☺

**HAS 3ABN BLESSED YOU?
TELL US ABOUT IT!**

Email: 3abnworld@3abn.org

Write: 3ABN WORLD MAGAZINE

PO Box 220, West Frankfort IL 62896

STUDY BIBLES for Prisoners



One of 3ABN's fastest-growing and rewarding outreaches involves ministering to those who are in prison, and Iris Giguere, our Prison Ministry coordinator, is excited. "Our Pastoral Ministries Department receives stacks of inmate mail nearly every day, and these letters really touch our hearts," she says. "They tell us how easy our Study Bibles are to read, how the study notes help them better understand the Scriptures, and how excited they are about their study groups, too." Iris pauses for a moment, then adds, "In Matthew 25:36, Jesus says we visit *Him* when we visit those who are behind bars; and even though we can't actually go in person, I think we're doing just that through our letters of encouragement and the Bibles we send."

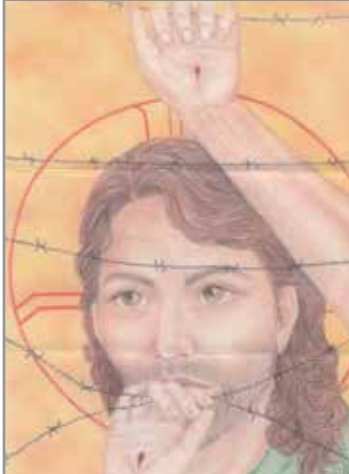
A PRICELESS GIFT

The amount of work done by our small staff is amazing. "There are four of us in this department," Iris explains, "and we stay very busy. But I want to thank those who give toward the purchase of Study Bibles, because they're awesome gifts that change the lives of those inmates Jesus asks us to help."

Brian, an inmate in Colorado, writes, "I want to thank you for the Study Bibles you sent us. It was beautiful to see so many receive their Bibles at the same time and sit down together with huge smiles. Bibles are hard to come by in prison—and *study Bibles are like gold!* Thank you for this huge act of kindness!" Jeffrey, in Florida, writes, "Your ministry's compassion and love is uniquely recognized and appreciated at this facility, and we thank you sincerely for the many Bibles you have provided us. They have been tremendously beneficial toward our growth and we all benefit from better understanding God's Holy Word."

CAN YOU HELP?

We've seen a tremendous increase in requests for Study Bibles, but sadly, many inmates are now waiting until we receive enough funds to purchase them. Perhaps God is impressing you to help buy Study Bibles for those who have such limited resources. Please pray and consider what you can do to bring hope to those who have nothing else left.



"I was in prison, and you came to Me."
Matthew 25:36. Inmates of all faiths spend hours drawing pictures of Jesus.



Please earmark your donation
#436 - Prison Ministries



Carob Nut Butter Cups

by Heidi Thompkins and Ivan Raj

INGREDIENTS

CAROB SHELL

- ½ cup tahini
- ¼ cup coconut cream
- ¼ cup maple syrup
- 2 Tbsp coconut oil, melted

- 3 Tbsp carob powder
- 7 drops vanilla cream stevia
- pinch of pink Himalayan salt

FILLING

- 4 Tbsp nut butter of choice
- 2 Tbsp maple syrup

DIRECTIONS

1. Combine shell ingredients in a food processor and blend until smooth.
2. Using a silicone mini muffin pan, spoon a thin layer of mixture into the bottom of each cup and refrigerate for 20 minutes or until solid. Set aside remaining mixture.
3. Combine nut butter and maple syrup, stirring until well mixed.
4. Remove mini muffin pan from refrigerator and spoon a generous layer of nut butter mixture into the center of each cup, leaving room for a top layer.
5. Add remaining carob mixture as a top layer to each cup.
6. Refrigerate again, until solid.

For more great recipes visit 3ABNRecipes.org

Find this cooking video in our YouTube playlist, *3ABN Today Cooking*
Just look for "Delectable Desserts" (TDYC17082)

CARIBBEAN

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Tim Parton

Join us in Trinidad & Tobago!

3ABN *Rally* MARCH 2-7, 2020

Please note this event will not be broadcast.



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