

UTC +9 Sunday

Midnt	9:00a	Wonderfully Made
12:30	9:30	Maranatha Mission Stories
1:00a	10:00a	Melody From My Heart
1:30	10:30	Salvation in Symbols & Signs
2:00a	11:00a	3ABN Today
2:30	11:30	...continued
3:00a	Noon	Making Waves (Jim Ayer)
3:30	12:30	Abundant Living (Curtis & Paula Eakins)
4:00a	1:00p	Body and Spirit
4:30	1:30	It Is Written
5:00a	2:00p	Thunder in the Holy Land
5:30	2:30	Kid's Time (Brenda Walsh)
6:00a	3:00p	Table Talk
6:30	3:30	...continued
7:00a	4:00p	3ABN Today
7:30	4:30	...continued
8:00a	5:00p	Celebrating Life in Recovery (Cheri Peters)
8:30	5:30	...continued
9:00a	6:00p	3ABN Now
9:30	6:30	...continued
10:00a	7:00p	3ABN On the Road
10:30	7:30	...continued
11:00a	8:00p	Faith Versus Finance
11:30	8:30	Books of the Book
Noon	9:00p	Liberty Insider
12:30	9:30	Wonderfully Made
1:00p	10:00p	3ABN Today
1:30	10:30	...continued
2:00p	11:00p	GYC 2016
2:30	11:30	...continued
3:00p	Midnt	Kids Time (Brenda Walsh)
3:30	12:30	Cook:30 (Jeremy Dixon)
4:00p	1:00a	New Perceptions
4:30	1:30	...continued
5:00p	2:00a	Behold the Lamb Presents (Kenny Shelton)
5:30	2:30	...continued
6:00p	3:00a	Revelation of Hope
6:30	3:30	...continued
7:00p	4:00a	3ABN Today
7:30	4:30	...continued
8:00p	5:00a	Sabbath School Panel
8:30	5:30	...continued
9:00p	6:00a	Body and Spirit
9:30	6:30	Remodeling Your Life
10:00p	7:00a	House Calls (John Lomacang)
10:30	7:30	...continued
11:00p	8:00a	The Heavens Declare
11:30	8:30	Jesus 4 Asia Now

UTC +9 Monday

Midnt	9:00a	Hope in Motion
12:30	9:30	Books of the Book
1:00a	10:00a	Health for a Lifetime
1:30	10:30	Battles of Faith
2:00a	11:00a	3ABN Today
2:30	11:30	...continued
3:00a	Noon	Pressing into His Presence (Shelley Quinn)
3:30	12:30	Let's Cook Together
4:00a	1:00p	Body and Spirit
4:30	1:30	Grandma's House/HWAL
5:00a	2:00p	Tiny Tots for Jesus (Linda Johnson)
5:30	2:30	Kids Time (Brenda Walsh)
6:00a	3:00p	Homecoming 2016
6:30	3:30	...continued
7:00a	4:00p	3ABN Today
7:30	4:30	...continued
8:00a	5:00p	House Calls (John Lomacang)
8:30	5:30	...continued
9:00a	6:00p	Healthy Living
9:30	6:30	Your Favorites By Request
10:00a	7:00p	Behold the Lamb Presents (Kenny Shelton)
10:30	7:30	...continued
11:00a	8:00p	A Sharper Focus (repeat)
11:30	8:30	...continued
Noon	9:00p	Recovery Road
12:30	9:30	Breath of Life
1:00p	10:00p	3ABN Today
1:30	10:30	...continued
2:00p	11:00p	Ultimate Prescription
2:30	11:30	Let's Cook Together
3:00p	Midnt	Kids Time (Brenda Walsh)
3:30	12:30	Kid's Time Praise
4:00p	1:00a	Revelation Speaks Peace
4:30	1:30	...continued
5:00p	2:00a	Celebrating Life in Recovery (Cheri Peters)
5:30	2:30	...continued
6:00p	3:00a	Pillars of Faith
6:30	3:30	...continued
7:00p	4:00a	3ABN Today
7:30	4:30	...continued
8:00p	5:00a	Revelation Insights (Lyle Albrecht)
8:30	5:30	...continued
9:00p	6:00a	Body & Spirit Aerobics
9:30	6:30	Digging Up the Past (David Down)
10:00p	7:00a	Maranatha Mission Stories (Duerksen)
10:30	7:30	Thunder in the Holy Land
11:00p	8:00a	Back to Our Roots
11:30	8:30	Melody From My Heart

UTC +9 Tuesday

Midnt	9:00a	Table Talk
12:30	9:30	...continued
1:00a	10:00a	Breath of Life
1:30	10:30	In the Footsteps of Paul (Tony Moore)
2:00a	11:00a	3ABN Today
2:30	11:30	...continued
3:00a	Noon	Heaven's Point of View
3:30	12:30	Your Favorites By Request
4:00a	1:00p	Action 4 Life
4:30	1:30	Tiny Tots for Jesus (Linda Johnson)
5:00a	2:00p	Kid's Time Praise
5:30	2:30	Kid's Time (Brenda Walsh)
6:00a	3:00p	Faith Versus Finance
6:30	3:30	It Is Written
7:00a	4:00p	3ABN Today
7:30	4:30	...continued
8:00a	5:00p	Cook:30 (Jeremy Dixon)
8:30	5:30	Recovery Road
9:00a	6:00p	3ABN Now
9:30	6:30	...continued
10:00a	7:00p	The Heavens Declare
10:30	7:30	Heart Lift (Jill Morikone)
11:00a	8:00p	Hope in Motion
11:30	8:30	Jesus 4 Asia Now
Noon	9:00p	Revelation of Hope
12:30	9:30	...continued
1:00p	10:00p	3ABN Today LIVE (repeat)
1:30	10:30	...continued
2:00p	11:00p	...continued
2:30	11:30	...continued
3:00p	Midnt	Kid's Time (Brenda Walsh)
3:30	12:30	Tiny Tots for Jesus (Linda Johnson)
4:00p	1:00a	Healthy Living
4:30	1:30	It Is Written
5:00p	2:00a	Contending for the Faith
5:30	2:30	Decendants of Abraham (Shakeela Yasuf)
6:00p	3:00a	Faith Versus Finance
6:30	3:30	Mission 360
7:00p	4:00a	3ABN Today
7:30	4:30	...continued
8:00p	5:00a	Special Feature
8:30	5:30	...continued
9:00p	6:00a	Body & Spirit
9:30	6:30	Adventures in Missions
10:00p	7:00a	It Is Written
10:30	7:30	Adventist SE Asia Projects
11:00p	8:00a	3ABN Now
11:30	8:30	...continued

UTC +9 Wednesday

Midnt	9:00a	Spring Campmeeting 2016
12:30	9:30	...continued
1:00a	10:00a	Everlating Gospel
1:30	10:30	...continued
2:00a	11:00a	3ABN Today
2:30	11:30	...continued
3:00a	Noon	Liberty Insider
3:30	12:30	Cook:30 (Jeremy Dixon)
4:00a	1:00p	Body and Spirit
4:30	1:30	Amazing Facts Presents
5:00a	2:00p	Tiny Tots for Jesus (Linda Johnson)
5:30	2:30	Kid's Time (Brenda Walsh)
6:00a	3:00p	LifeStart Seminars
6:30	3:30	It Is Written
7:00a	4:00p	3ABN Today
7:30	4:30	...continued
8:00a	5:00p	Optimize 4 Life
8:30	5:30	Salvation in Symbols & Signs
9:00a	6:00p	Revelation Insights
9:30	6:30	...continued
10:00a	7:00p	Table Talk
10:30	7:30	...continued
11:00a	8:00p	Secrets Unsealed Presents
11:30	8:30	...continued
Noon	9:00p	Discover
12:30	9:30	...continued
1:00p	10:00p	3ABN Today
1:30	10:30	...continued
2:00p	11:00p	Amazing Facts Presents
2:30	11:30	Walking with Jesus/Grandma's House
3:00p	Midnt	Kids Time (Brenda Walsh)
3:30	12:30	Thunder in the Holy Land
4:00p	1:00a	House Calls (John Lomacang)
4:30	1:30	...continued
5:00p	2:00a	ASI Conventions
5:30	2:30	...continued
6:00p	3:00a	Focus of God's Word
6:30	3:30	...continued
7:00p	4:00a	3ABN Today
7:30	4:30	...continued
8:00p	5:00a	Heart Lift (Jill Morikone)
8:30	5:30	The Heavens Declare
9:00p	6:00a	Body & Spirit Aerobics
9:30	6:30	Books of the Book
10:00p	7:00a	Praise
10:30	7:30	Heaven's Point of View (Hal Steenson)
11:00p	8:00a	Wonderfully Made
11:30	8:30	Laymen's Ministries (Jeff Reich)

UTC +9		Thursday	
Midnt	9:00a	A Sharper Focus LIVE	🔴
12:30	9:30	...continued	
1:00a	10:00a	Healthy Living	
1:30	10:30	Mission 360	
2:00a	11:00a	3ABN Today	
2:30	11:30	...continued	
3:00a	Noon	Revelation Now	
3:30	12:30	...continued	
4:00a	1:00p	Action 4 Life	
4:30	1:30	Multitude of Counselors	
5:00a	2:00p	Kids Time Praise	
5:30	2:30	Kid's Time (Brenda Walsh)	
6:00a	3:00p	3ABN On the Road	
6:30	3:30	...continued	
7:00a	4:00p	3ABN Today	
7:30	4:30	...continued	
8:00a	5:00p	A Sharper Focus (repeat)	
8:30	5:30	...continued	
9:00a	6:00p	Let God Speak	
9:30	6:30	Faith Versus Finance	
10:00a	7:00p	GYC 2016	
10:30	7:30	...continued	
11:00a	8:00p	2016 Spring Camp Meeting	
11:30	8:30	...continued	
Noon	9:00p	Celebrating Life in Recovery (Cheri Peters)	
12:30	9:30	...continued	
1:00p	10:00p	3ABN Today	
1:30	10:30	...continued	
2:00p	11:00p	Melody From My Heart	
2:30	11:30	Abundant Living (Curtis & Paula Eakins)	
3:00p	Midnt	Kid's Time Praise	
3:30	12:30	Grandma's House/Back to Nature	
4:00p	1:00a	3ABN On the Road	
4:30	1:30	...continued	
5:00p	2:00a	Recovery Road	
5:30	2:30	Ultimate Prescription	
6:00p	3:00a	A Sharper Focus	
6:30	3:30	...continued	
7:00p	4:00a	3ABN Today	
7:30	4:30	...continued	
8:00p	5:00a	Revelation Speaks Peace	
8:30	5:30	...continued	
9:00p	6:00a	Body and Spirit	
9:30	6:30	Let God Speak	
10:00p	7:00a	NEWSTART Now	
10:30	7:30	Hope in Motion	
11:00p	8:00a	Special Feature	
11:30	8:30	...continued	

UTC +9		Friday	
Midnt	9:00a	Homecoming 2016	
12:30	9:30	...continued	
1:00a	10:00a	Sabbath School Study Hour	CC
1:30	10:30	...continued	
2:00a	11:00a	3ABN Today Live	🔴
2:30	11:30	...continued	
3:00a	Noon	...continued	
3:30	12:30	...continued	
4:00a	1:00p	Body & Spirit	
4:30	1:30	LifeStart Seminars	
5:00a	2:00p	Tiny Tots for Jesus (Linda Johnson)	
5:30	2:30	A Day with the King	
6:00a	3:00p	3ABN Today LIVE (repeat)	
6:30	3:30	...continued	
7:00a	4:00p	...continued	
7:30	4:30	...continued	
8:00a	5:00p	Sabbath School Panel	
8:30	5:30	...continued	
9:00a	6:00p	The Carter Report (John Carter)	
9:30	6:30	...continued	
10:00a	7:00p	It Is Written	
10:30	7:30	Maranatha Mission Stories (Duerksen)	
11:00a	8:00p	Let God Speak	
11:30	8:30	Thunder in the Holy Land	
Noon	9:00p	Revelation of Hope	
12:30	9:30	...continued	
1:00p	10:00p	3ABN Today	
1:30	10:30	...continued	
2:00p	11:00p	Back to Our Roots	
2:30	11:30	Books of the Book	
3:00p	Midnt	Homecoming 2016	
3:30	12:30	...continued	
4:00p	1:00a	3ABN Now	
4:30	1:30	...continued	
5:00p	2:00a	A Day With The King	
5:30	2:30	Let God Speak	
6:00p	3:00a	Secrets Unsealed	
6:30	3:30	...continued	
7:00p	4:00a	3ABN Today	
7:30	4:30	...continued	
8:00p	5:00a	Sabbath School Study Hour	CC
8:30	5:30	...continued	
9:00p	6:00a	Kids' Time	
9:30	6:30	A Day with the King	
10:00p	7:00a	New Perceptions	
10:30	7:30	...continued	
11:00p	8:00a	Worship Hour	
11:30	8:30	...continued	

UTC +9		Saturday	
Midnt	9:00a	Carter Report	
12:30	9:30	...continued	
1:00a	10:00a	Focus on God's Word	
1:30	10:30	...continued	
2:00a	11:00a	3ABN Today	
2:30	11:30	...continued	
3:00a	Noon	Tiny Tots for Jesus	
3:30	12:30	Issues and Answers	
4:00a	1:00p	Kenneth Cox Ministries	
4:30	1:30	...continued	
5:00a	2:00p	Carter Report	
5:30	2:30	...continued	
6:00a	3:00p	Kids' Time	
6:30	3:30	Kids' Time Praise	
7:00a	4:00p	3ABN Today	
7:30	4:30	...continued	
8:00a	5:00p	Secrets Unsealed Presents...	
8:30	5:30	...continued	
9:00a	6:00p	Issues and Answers	
9:30	6:30	Mission 360	
10:00a	7:00p	Pillars of Faith	
10:30	7:30	...continued	
11:00a	8:00p	Everlasting Gospel	
11:30	8:30	...continued	
Noon	9:00p	Praise (Kelly Mowrer)	
12:30	9:30	Multitude of Counselors	
1:00p	10:00p	3ABN Today	
1:30	10:30	...continued	
2:00p	11:00p	Variety	
2:30	11:30	Tiny Tots for Jesus (Linda Johnson)	
3:00p	Midnt	Kids' Time	
3:30	12:30	Laymen Ministries	
4:00p	1:00a	GYC 2015	
4:30	1:30	...continued	
5:00p	2:00a	Digging Up the Past (David Down)	
5:30	2:30	Descendants of Abraham	
6:00p	3:00a	Table Talk	
6:30	3:30	...continued	
7:00p	4:00a	3ABN Today Live (repeat)	
7:30	4:30	...continued	
8:00p	5:00a	...continued	
8:30	5:30	...continued	
9:00p	6:00a	Body & Spirit Aerobics	
9:30	6:30	Free Indeed	
10:00p	7:00a	Adventures in Missions	
10:30	7:30	Heart Lift (Jill Morikone)	
11:00p	8:00a	Inspirational Hour	
11:30	8:30	...continued	



INTERNATIONAL MONTHLY PROGRAM GUIDE

May 2017

This schedule is an overview of the program lineup for 3ABN's International Channel broadcasts. Check out the schedule listings on our website, 3abn.org, for additional details and program changes.

- Time zones listed in this guide: UTC: Greenwich Mean Time (GMT). UTC+9: Tokyo, Japan.
- ★ = New program
 - 🔴 = Live program
 - 🔁 = Repeat of live program
 - CC = Closed captioned